

VERBETERDE CLUBREKORDS SEIZOEN 2008-2009 indoor & outdoor

INDOOR

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|----|------|-----------------|----------------|---|----------------|-------------------|
| 1 | MIN | HOOG | 1m48 | VAN DEN NEST VICKY | GENT | 20.12.2008 |
| 2 | JUN | 60M | 7.90 | DE GEEST LIZE | GENT | 26.12.2008 |
| 3 | W50* | 400M | 84.30 | VAN WEMMEL MONIQUE | GENT | 26.12.2008 |
| 4 | CAD | HOOG(evenaring) | 1m55 | DE WILDE SANDER | GENT | 26.12.2008 |
| 5 | M50 | VER | 4m37 | DE RIDDER FREDDY | GENT | 26.12.2008 |
| 6 | M35* | KOGEL(7,260kg) | 11m38 | MORRET MICHAEL | GENT | 27.12.2008 |
| 7 | CAD | HOOG | 1m64 | DE WILDE SANDER | GENT | 04.01.2009 |
| 8 | M35 | KOGEL(7,260kg) | 11m55 | MORRET MICHAEL | GENT | 04.01.2009 |
| 9 | M50* | 200M | 38.19 | VAN WEMMEL MONIQUE | GENT | 10.01.2009 |
| 10 | MIN | HOOG | 1m49 | VAN DEN NEST VICKY | GENT | 31.01.2009 |
| 11 | PUP | KOGEL(2kg) | 5m96 | VERSCHUEREN ARNE | GENT | 01.02.2009 |
| 12 | SCH | 60M | 7.36 | VANDER MIJNSBRUGGE WOUTE | HOBOKEN | 01.02.2009 |
| 13 | SEN | 4 X 200M | 1.37.29 | VAN DEN BEGIN BRECHT(jun) DE MAERSSCHALCK PIETER(sen) VANDER MIJNSBRUGGE WOUTE(schol) DE MOL AIKO(sen) | GENT | 08.02.2009 |
| 14 | CAD | KOGEL(4kg) | 13m52 | BOGAERTS JONAS | GENT | 14.02.2009 |
| 15 | CAD | 1000M | 3.08.31 | BOGAERTS JONAS | GENT | 15.02.2009 |
| 16 | CAD | 60MH(0,914m) | 9.60 | BOGAERTS JONAS | GENT | 15.02.2009 |
| 17 | CAD | HOOG | 1m71 | DE WILDE SANDER | GENT | 15.02.2009 |
| 18 | CAD | ZESKAMP | 2910ptn. | BOGAERTS JONAS | GENT | 15.02.2009 |
| 19 | W50 | 60M | 10.97 | VAN WEMMEL MONIQUE | GENT | 28.02.2009 |
| 20 | M35 | KOGEL(7,260kg) | 11m99 | MORRET MICHAEL | GENT | 28.02.2009 |
| 21 | JUN | 60M | 7.82 | DE GEEST LIZE | GENT | 07.03.2009 |
| 22 | SEN | 400M | 51.40 | DE MAERSSCHALCK PIETER | GENT | 07.03.2009 |
| 23 | CAD | 1000M | 3.00.47 | BOGAERTS JONAS | GENT | 15.03.2009 |

OUTDOOR

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|----|------|-----------------|----------------|---------------------------|---------------------|-------------------|
| 24 | SCH | KOGEL(5kg) | 13m09 | VAN DINGENEN TIM | LOKEREN | 25.04.2009 |
| 25 | CAD | 300MH(0,762m) | 42.49 | BOGAERTS JONAS | OORDEGEM | 26.04.2009 |
| 26 | MIN* | 150MH(0,762m) | 26.84 | VAN DINGENEN EVA | BEVEREN | 01.05.2009 |
| 27 | MIN* | DISCUS(750gr) | 19m45 | VAN DINGENEN EVA | BEVEREN | 01.05.2009 |
| 28 | SCH | SPEER(600gr) | 34m98 | GHYSELINCK LIESELOTTE | LEBBEKE | 02.05.2009 |
| 29 | M55 | 300M | 46.83 | VERMEIR NORBERT | LEBBEKE | 02.05.2009 |
| 30 | CAD | 1500M | 4.45.34 | VERHOEVEN ASTRID | LOKEREN | 16.05.2009 |
| 31 | BEN* | 600M | 2.29.47 | ROELANDT BRITT | OORDEGEM | 17.05.2009 |
| 32 | M35 | 2 MIJL | 9.48.36 | BLOMMAERT BART | MECHELEN | 20.05.2009 |
| 33 | SCH | 1500M | 3.58.96 | GOESSENS BRAAM | SINT NIKLAAS | 21.05.2009 |
| 34 | MIN | DISCUS(750gr) | 19m54 | VAN DEN NEST VICKY | LEBBEKE | 23.05.2009 |
| 35 | BEN* | 600M | 2.15.71 | MESKENS BRECHT | LEBBEKE | 23.05.2009 |
| 36 | CAD | ACHTKAMP | 4191ptn. | BOGAERTS JONAS | HERENTALS | 31.05.2009 |
| 37 | M50 | DISCUS(1,500kg) | 37m29 | VAN GUCHT ANTOINE | SINT NIKLAAS | 31.05.2009 |
| 38 | M40 | KOGEL(7,260kg) | 12m17 | MORRET MICHAEL | SINT NIKLAAS | 31.05.2009 |
| 39 | BEN | 600M | 2.20.00 | WALRAEVENS JULE | NINOVE | 01.06.2009 |
| 40 | CAD | 200MH(0,762m) | 29.07 | BOGAERTS JONAS | KAPELLEN | 07.06.2009 |
| 41 | W45 | WERPVIJFKAMP | 1772ptn. | STAS MARIE-LOUISE | SINT NIKLAAS | 21.06.2009 |
| 42 | MIN | HOOG | 1m51 | VAN DEN NEST VICKY | DEINZE | 27.06.2009 |
| 43 | BEN | 600M | 2.07.28 | BLOMMAERT JOREN | DEINZE | 27.06.2009 |
| 44 | MIN | DISCUS(750gr) | 19m83 | VAN DINGENEN EVA | DEINZE | 27.06.2009 |
| 45 | CAD | 100MH(0,914m) | 15.51 | BOGAERTS JONAS | LIER | 28.06.2009 |
| 46 | JUN | 100M | 12.43 | DE GEEST LIZE | OORDEGEM | 04.07.2009 |
| 47 | M40 | KOGEL(7,260kg) | 12m22 | MORRET MICHAEL | LOKEREN | 11.07.2009 |
| 48 | BEN | 600M | 2.07.07 | MESKENS BRECHT | LEBBEKE | 12.07.2009 |
| 49 | M40 | KOGEL(7,260kg) | 12m30 | MORRET MICHAEL | HASSELT | 21.07.2009 |
| 50 | CAD | 1500M | 4.41.57 | VERHOEVEN ASTRID | GENT | 21.07.2009 |
| 51 | CAD | SPEER(600gr) | 54m27 | BOGAERTS JONAS | LEBBEKE | 25.07.2009 |
| 52 | W55* | VER | 2m88 | VAN WEMMEL MONIQUE | LEBBEKE | 25.07.2009 |
| 53 | M40 | KOGEL(7,260kg) | 12m38 | MORRET MICHAEL | LEBBEKE | 25.07.2009 |

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| 54 | W45 | SPEER(600gr) | 22m71 | STAS MARIE-LOUISE | BORNEM | 31.07.2009 |
| 55 | W45 | 300M | 50.47 | SCHOLLIERS HILDE | BORNEM | 31.07.2009 |
| 56 | JUN | 800M | 1.54.54 | CAUDRON THOMAS | OORDEGEM | 04.08.2009 |
| 57 | JUN | 200M | 25.41 | DE GEEST LIZE | OORDEGEM | 04.08.2009 |
| 58 | JUN | 100M | 12.27 | DE GEEST LIZE | NINOVE | 08.08.2009 |
| 59 | CAD | ACHTKAMP | 4433ptn. | BOGAERTS JONAS | DILBEEK | 09.08.2009 |
| 60 | SCH* | MIJL | 5.08.01 | MERTENS NIELS | VILVOORDE | 11.08.2009 |
| 61 | CAD | 300MH(0,762m) | 42.17 | BOGAERTS JONAS | BRUGGE | 15.08.2009 |
| 62 | JUN | 300M | 40.71 | DE GEEST LIZE | HUIZINGEN | 16.08.2009 |
| 63 | PUP* | 3 X 600M | 6.23.07 | WALSCHAP SAM VAN BIESEN JONAS HADJ ABDALLAH CIFDINE | ZELE | 23.08.2009 |
| 64 | AC | 4 X 100M | 50.09 | RINGOOT LIESELOT(sch) DE GEEST LIZE(jun) MERGAN INE(cad) WAUTERS RANI(cad) | ZELE | 23.08.2009 |
| 65 | JUN | 100M | 12.25 | DE GEEST LIZE | AALST | 29.08.2009 |
| 66 | JUN | 200M | 25.24 | DE GEEST LIZE | AALST | 29.08.2009 |
| 67 | AC* | MEDLEY-RELAY | 2.25.43 | VANFLETEREN RIET(jun) LAPAGE MARION(sch) DE GEEST LIZE(jun) RINGOOT LIESELOT(sch) | AALST | 29.08.2009 |
| 68 | MIN* | DISCUS(750gr) | 15m25 | PLOMPEN JENS | LEBBEKE | 05.09.2009 |
| 69 | CAD | 300MH(0,762m) | 41,74 | BOGAERTS JONAS | NIJVEL | 06.09.2009 |
| 70 | SCH | SPEER(600gr) | 36m13 | GHYSELINCK LIESELOTTE | LEBBEKE | 18.09.2009 |
| 71 | SEN | 4 X 400M | 3.23.59 | VAN DEN BEGIN BRECHT(jun) DE MOL AIKO(sen) CAUDRON THOMAS(jun) DE MAERSSCHALCK PIETER(sen) | HEUSDEN | 20.09.2009 |
| 72 | CAD | SPEER(600gr) | 54m56 | BOGAERTS JONAS | OORDEGEM | 27.09.2009 |
| 73 | CAD | 100MH(0,914m) | 15.01 | BOGAERTS JONAS | OORDEGEM | 27.09.2009 |
| 74 | CAD | ACHTKAMP | 4728ptn. | BOGAERTS JONAS | OORDEGEM | 27.09.2009 |
| 75 | CAD | KOGEL(4kg) | 13m65 | BOGAERTS JONAS | SINT NIKLAAS | 31.10.2009 |