

| VERBETERDE CLUBRECORDS SEIZOEN 2018- 2019 indoor & outdoor | | | | | | |
|--|------|-----------------|-----------|---|--------------|------------|
| INDOOR | | | | | | |
| 1 | MIN | 300M | 46.91 | VERMOESEN ARTHUR | GENT | 08.12.2018 |
| 2 | SEN* | 800M AMH -21 | 2.15.35 | VANDEPERRE NIELS | GENT | 09.12.2018 |
| 3 | SCH | 200M | 25.66 | HEYVAERT LUCA | GENT | 22.12.2018 |
| 4 | SEN | HOOG | 1m53 | VANDEN NEST VICKY | GENT | 22.12.2018 |
| 5 | CAD | 60M | 7.49 | TEMMERMAN TIBE | GENT | 22.12.2018 |
| 6 | SCH | 60MH (0,762m) | 9.46 | HEYVAERT LUCA | GENT | 26.12.2018 |
| 7 | SEN | 60MH (0,840m) | 10.28 | VANDEN NEST VICKY | GENT | 26.12.2018 |
| 8 | W35* | 1000M | 3.24.11 | VANBUGGENHOUT MARIJKE | GENT | 29.12.2018 |
| 9 | M55 | 1000M | 3.19.65 | VAN NUFFEL ALBERT | GENT | 29.12.2018 |
| 10 | SEN | 60MH (1,067m) | 8.86 | BOGAERTS JONAS | GENT | 06.01.2019 |
| 11 | JUN | HINKSTAP | 12m29 | VANDE MOORTELE JORN | GENT | 06.01.2019 |
| 12 | CAD | 200M | 24.37 | TEMMERMAN TIBE | GENT | 06.01.2019 |
| 13 | SCH | 200M | 25.56 | HEYVAERT LUCA | GENT | 06.01.2019 |
| 14 | M55 | 800M | 2.34.84 | VAN NUFFEL ALBERT | GENT | 06.01.2019 |
| 15 | W35* | 800M | 2.38.30 | VANBUGGENHOUT MARIJKE | GENT | 12.01.2019 |
| 16 | M65* | 800M | 2.57.27 | VERMEIR NORBERT | GENT | 12.01.2019 |
| 17 | CAD | VER | 5m01 | HEYVAERT NONA | GENT | 20.01.2019 |
| 18 | SCH | 200M | 25.42 | HEYVAERT LUCA | GENT | 20.01.2019 |
| 19 | CAD | 200M | 24.04 | TEMMERMAN TIBE | GENT | 20.01.2019 |
| 20 | JUN | HINKSTAP | 12m38 | VANDE MOORTELE JORN | GENT | 27.01.2019 |
| 21 | SEN | 60MH (1,067m) | 8.78 | BOGAERTS JONAS | GENT | 03.02.2019 |
| 22 | SEN | ZEVENKAMP | 4714 ptn. | BOGAERTS JONAS | GENT | 03.02.2019 |
| 23 | SEN | VIJFKAMP | 2504 ptn. | VANDEN NEST VICKY | GENT | 03.02.2019 |
| 24 | SEN | 4 X 200M | 1.43.58 | HEYVAERT LUCA (sch) VANFLETEREN RIET (sen) MERGAN TINA (sen) HELLINCKX LOTTE (sen) | GENT | 09.02.2019 |
| 25 | SCH | 200M | 25.23 | HEYVAERT LUCA | GENT | 17.02.2019 |
| 26 | SCH | 300M | 40.81 | HEYVAERT LUCA | GENT | 23.02.2019 |
| 27 | W35 | 1000M | 3.21.07 | VANBUGGENHOUT MARIJKE | GENT | 23.02.2019 |
| 28 | CAD | 200M | 23.89 | TEMMERMAN TIBE | GENT | 03.03.2019 |
| 29 | M35* | 1500M | 4.31.28 | ANNAERT BJORN | GENT | 10.03.2019 |
| 30 | W35 | 800m | 2.35.38 | VANBUGGENHOUT MARIJKE | GENT | 10.03.2019 |
| OUTDOOR | | | | | | |
| 31 | SEN | 30000M | 1.43.17 | DE VLEMINCK STAN | SCHOORL(NED) | 10.02.2019 |
| 32 | M65 | 100M | 15.63 | VERMEIR NORBERT | LEBBEKE | 20.04.2019 |
| 33 | M60* | KOGEL (7,260kg) | 5m47 | VANBUGGENHOUT LUC | LEBBEKE | 20.04.2019 |
| 34 | SEN | 600M | 1.22.07 | VAN LAETHEM GAETAN | LEBBEKE | 27.04.2019 |
| 35 | M40* | 600M | 1.32.25 | RAEMDONCK BART | LEBBEKE | 27.04.2019 |
| 36 | M55* | 600M | 1.54.89 | VAN NUFFEL ALBERT | LEBBEKE | 27.04.2019 |
| 37 | M65* | 600M | 2.06.86 | VERMEIR NORBERT | LEBBEKE | 27.04.2019 |
| 38 | W55* | 600M | 2.09.28 | SCHOLLIERS HILDE | LEBBEKE | 27.04.2019 |
| 39 | W35* | 600M | 1.59.87 | DIERICKX SOFIE | LEBBEKE | 27.04.2019 |
| 40 | SEN* | 600M | 1.35.15 | HELLINCKX LOTTE | LEBBEKE | 27.04.2019 |
| 41 | SEN* | 1000M AMH -21 | 2.54.41 | VANDEPERRE NIELS | LEBBEKE | 27.04.2019 |
| 42 | MIN* | 1500M | 4.41.44 | BLOMMAERT LAURENS | OORDEGEM | 08.05.2019 |
| 43 | MIN* | 100M | 14.52 | MUYSHONDT EMMA | OORDEGEM | 08.05.2019 |
| 44 | M65* | 200MH (0,762m) | 60.08 | VERMEIR NORBERT | HASSELT | 12.05.2019 |
| 45 | SCH | 100MH (0,762m) | 14.81 | HEYVAERT LUCA | SINT NIKLAAS | 12.05.2019 |
| 46 | M35 | MARATHON | 2u36.51 | DE RIDDER TIM | PUURS | 12.05.2019 |
| 47 | JUN | 400MH (0,762m) | 66.52 | VIERENDEELS LOIKE | SINT NIKLAAS | 18.05.2019 |
| 48 | CAD | 100M | 11.66 | TEMMERMAN TIBE | HAMME | 02.06.2019 |
| 49 | M35 | 100M | 11.70 | VAN INGELGEM THOMAS | ZWEVEGEM | 02.06.2019 |

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| 50 | M65* | KOGEL (5kg) | 7m02 | VERMEIR NORBERT | HAMME | 02.06.2019 |
| 51 | CAD | 300M | 37.97 | TEMMERMAN TIBE | HAMME | 02.06.2019 |
| 52 | W55 | 1500M | 6.02.72 | SCHOLLIERS HILDE | SINT NIKLAAS | 15.06.2019 |
| 53 | M35 | 200M | 23.65 | VAN INGELGEM THOMAS | SINT NIKLAAS | 15.06.2019 |
| 54 | M60 | 400M | 71.17 | BEQUE JOZEF | SINT NIKLAAS | 16.06.2019 |
| 55 | M65* | HINKSTAP | 7m25 | VERMEIR NORBERT | SINT NIKLAAS | 16.06.2019 |
| 56 | SCH | 1 MIJL | 4.46.66 | VAN CAMPENHOUT SIEBE | NINOVE | 21.06.2019 |
| 57 | M50 | 400M | 61.28 | SMET JOHAN | NINOVE | 21.06.2019 |
| 58 | M60* | 1 MIJL | 6.12.47 | VANBUGGENHOUT LUC | NINOVE | 21.06.2019 |
| 59 | SEN | 10KM OP DE WEG | 32.47.00 | DE VLEMINCK STAN | TORHOUT | 21.06.2019 |
| 60 | SEN | TIENKAMP | 6587ptn. | BOGAERTS JONAS | IEPER | 07.07.2019 |
| 61 | M65* | 150M | 22.88 | VERMEIR NORBERT | BURCHT | 13.07.2019 |
| 62 | M65* | SPEER (600gr.) | 19m73 | VERMEIR NORBERT | DILBEEK | 27.07.2019 |
| 63 | M65* | VIJFKAMP(WMA norm) | 2147ptn. | VERMEIR NORBERT | DILBEEK | 27.07.2019 |
| 64 | CAD | 2000M | 7.21.58 | QUINTELIER NOOR | LOMMEL | 03.08.2019 |
| 65 | SEN | 10KM OP DE WEG | 39.34 | DE RIDDER NATALIE | LOKEREN | 04.08.2019 |
| 66 | M35* | 10KM OP DE WEG | 34.43 | DE RIDDER TIM | LOKEREN | 04.08.2019 |
| 67 | M45* | 10KM OP DE WEG | 43.29 | PIANET PATRICK | LOKEREN | 04.08.2019 |
| 68 | M50* | 10KM OP DE WEG | 41.49 | SUYS SIGURD | LOKEREN | 04.08.2019 |
| 69 | M55 | 10KM OP DE WEG | 44.35 | SCHELKENS CHRIS | LOKEREN | 04.08.2019 |
| 70 | W65* | 10KM OP DE WEG | 56.46 | HOFMANS MARITA | LOKEREN | 04.08.2019 |
| 71 | M65 | 100M | 15.41 | VERMEIR NORBERT | AALST | 11.08.2019 |
| 72 | M65 | 200M | 30.85 | VERMEIR NORBERT | BRUGGE | 17.08.2019 |
| 73 | M65 | VIJFKAMP(WMA norm) | 2222ptn. | VERMEIR NORBERT | BRUGGE | 17.08.2019 |
| 74 | M65 | 100M | 15.24 | VERMEIR NORBERT | LEBBEKE | 18.08.2019 |
| 75 | M60 | KOGEL (7,260kg) | 5m70 | VANBUGGENHOUT LUC | LEBBEKE | 18.08.2019 |
| 76 | CAD | VER | 5m14 | HEYVAERT NONA | LEBBEKE | 18.08.2019 |
| 77 | SEN* | 10000M AMH -21 | 42.43.96 | VERMEIREN PHILIP | LEBBEKE | 18.08.2019 |
| 78 | CAD | MIX MEDLEY RELAY | 2.13.69 | HEYVAERT NONA TORCK JARNO HEYVAERT ELLA TEMMERMAN TIBE | LEBBEKE | 18.08.2019 |
| 79 | CAD | 4 X 100M | 46.10 | TORCK JARNO TEMMERMAN TIBE CAUDRON MEINDERT CEUSTERS SAM | DEINZE | 25.08.2019 |
| 80 | SEN | 4 X 200M (AC) | 1.45.23 | MERGAN TINA (sen) HEYVAERT LUCA (sch) VIERENDEELS LOIKE (jun) VANFLETEREN RIET (sen) | DEINZE | 25.08.2019 |
| 81 | W35* | 4 X 800M | 10.46.41 | VANBUGGENHOUT MARIJKE(w35) DIERCKENS EVA (w40) DIERICKX SOFIE (w35) PLAS LIESBETH (w35) | DEINZE | 25.08.2019 |
| 82 | M50 | 300M | 44.10 | SMET JOHAN | NINOVE | 28.08.2019 |
| 83 | CAD | 300M | 42.32 | HEYVAERT ELLA | NINOVE | 28.08.2019 |
| 84 | CAD | 300M | 37.49 | TEMMERMAN TIBE | NINOVE | 28.08.2019 |
| 85 | M65* | 300M | 49.65 | VERMEIR NORBERT | NINOVE | 28.08.2019 |
| 86 | CAD | 2000M | 7.19.89 | QUINTELIER NOOR | TESSENDERLO | 04.09.2019 |
| 87 | SEN | HALVE MARATHON | 1u30.13 | DE RIDDER NATALIE | EVERGEM | 07.09.2019 |
| 88 | M35 | HALVE MARATHON | 1u13.34 | DE RIDDER TIM | EVERGEM | 07.09.2019 |
| 89 | W40* | HALVE MARATHON | 1u37.03 | DIERCKENS EVA | EVERGEM | 07.09.2019 |
| 90 | SEN | 4 X 200M (AC) | 1.44.48 | MERGAN TINA (sen) HEYVAERT LUCA (sch) HEYVAERT ELLA (cad) VIERENDEELS LOIKE (jun) | MERKSEM | 08.09.2019 |
| 91 | CAD | 200M | 23.53 | TEMMERMAN TIBE | MOESKROEN | 15.09.2019 |
| 92 | W55* | 300MH (0,762m) | 69.60 | SCHOLLIERS HILDE | DEINZE | 21.09.2019 |
| 93 | M60* | 600M | 2.11.96 | VANBUGGENHOUT LUC | MERKSEM | 29.09.2019 |
| 94 | M65* | MARATHON | 3u40.46 | BEQUE JOZEF | EINDHOVEN | 13.10.2019 |