

## CLUBRECORDS HEREN

| BENJAMINS | OUTDOORNUMMER   | PRESTATIE         | NAAM   | PLAATS         | DATUM             |
|-----------|-----------------|-------------------|--|----------------|-------------------|
|           | 60M             | 8.99              | NAUDTS ARNE  | NIJVEL         | 24.09.2011        |
|           | 600M            | 1.53.18           | NAUDTS ARNE  | NIJVEL         | 24.09.2011        |
|           | 1.000M          | 3.18.73           | SCHOCAERT LAURENS  | SINT-NIKLAAS   | 25.09.1999        |
|           | HOOG            | 1m16              | VAN ESBROECK TOON  | MERKSEM        | 27.09.2015        |
|           | VER             | 3m94              | SCHOCAERT LAURENS  | NINOVE         | 03.07.1999        |
|           | KOGEL (1kg)     | 9m54              | PROVOOST GEOFFREY  | NINOVE         | 31.07.1993        |
|           | HOCKEYBAL       | 39m75             | VAN MALDEREN BRAIN   | NINOVE         | 24.09.2005        |
|           | <i>DRIEKAMP</i> | <i>1.234 ptn.</i> | <i>MICHIELS BERT</i>   | <i>LEBBEKE</i> | <i>12.08.1989</i> |
|           | VIERKAMP        | 1.678 ptn.        | ELENGESA CRAIG   | TIELT          | 11.09.2010        |
|           | 4 X 60M         | 39.61             | ENGELAAR LUKA<br>BLOMMAERT LAURENS<br>RAEMDONCK LUKAS<br>VAN ESBROECK TOON | MALDEGEM       | 30.08.2015        |
|           | 3 X 600M        | 6.17.66           | HELLEMANS DAWIT<br>BLOMMAERT LAURENS<br>VAN ESBROECK TOON                  | LOKEREN        | 13.06.2015        |

| BENJAMINS | INDOORNUMMER | PRESTATIE  | NAAM  | PLAATS  | DATUM      |
|-----------|--------------|------------|---|---------|------------|
|           | 60M          | 9.77       | ELENGESA CRAIG  | GENT    | 20.02.2010 |
|           | 1.000M       | 4.14.78    | VAN BIESEN JONAS  | GENT    | 22.12.2007 |
|           | HOOG         | 0m95       | VAN CAMPENHOUT SIEBE  | HOBOKEN | 06.02.2011 |
|           | VER          | 3m35       | VAN CAMPENHOUT SIEBE  | HOBOKEN | 06.02.2011 |
|           | KOGEL (1kg)  | 7m98       | VAN CAMPENHOUT SIEBE  | HOBOKEN | 19.12.2010 |
|           | VIERKAMP     | 1.195 ptn. | VAN CAMPENHOUT SIEBE  | HOBOKEN | 06.02.2011 |
|           | 4 x 200M     | 2.51.83    | VAN DEN ABBEEL ARNE<br>BRAECKEVELT ARJEN<br>BRAECKEVELT NIKLAS<br>DEBISSCHOP TIBE | GENT    | 13.01.2018 |

| PUPILLEN | OUTDOORNUMMER   | PRESTATIE         | NAAM   | PLAATS        | DATUM             |
|----------|-----------------|-------------------|--|---------------|-------------------|
|          | 60M             | 8.24              | NAUDTS ARNE  | AALST         | 29.06.2013        |
|          | <i>800M</i>     | <i>2.27.7 HT</i>  | <i>TILBURGH RAF</i>  | <i>AALST</i>  | <i>30.08.1986</i> |
|          | 1.000M          | 3.01.01           | GOESSENS BRAAM   | LEBBEKE       | 03.08.2003        |
|          | 60MH (0,762m)   | 11.24             | BOGAERTS JONAS   | NINOVE        | 04.09.2005        |
|          | HOOG            | 1m38              | MICHIELS BERT  | TESSENDERLO   | 09.06.1991        |
|          | VER             | 4m40              | VERMEIREN JOHAN  | LEBBEKE       | 08.08.1984        |
|          | KOGEL (2kg)     | 10m41             | NEVENS PIETER  | EEKLO         | 08.10.1994        |
|          | HOCKEYBAL       | 50m76             | MICHIELS BERT  | DILBEEK       | 15.09.1991        |
|          | DISCUS (600g)   | 22m07             | VAN KERCKHOVE ASTER  | SINT-NIKLAAS  | 26.06.2010        |
|          | <i>DRIEKAMP</i> | <i>1.533 ptn.</i> | <i>MICHIELS BERT</i>   | <i>NINOVE</i> | <i>23.06.1991</i> |
|          | VIERKAMP        | 2.408 ptn.        | SCHOCAERT LAURENS  | OORDEGEM      | 30.09.2001        |
|          | 4 X 60M         | 34.37             | VAN CAMPENHOUT SIEBE<br>KERKHOF YORAN<br>DE BRAEKELEER ARNE<br>NAUDTS ARNE | NIJVEL        | 28.09.2013        |
|          | 3 X 600M        | 5.51.89           | VAN DAMME JARNE<br>BLOMMAERT LAURENS<br>BAEYENS MIEL                       | AALST         | 28.08.2016        |

| PUPILLEN | INDOORNUMMER  | PRESTATIE  | NAAM                 | PLAATS  | DATUM      |
|----------|---------------|------------|----------------------|---------|------------|
|          | 60M           | 8.62       | NAUDTS ARNE          | GENT    | 23.03.2013 |
|          | 150M          | 24.32      | VERMAERCKE WARD      | GENT    | 30.12.2017 |
|          | 1.000M        | 3.22.63    | VERMOESEN ARNAUD     | GENT    | 07.12.2019 |
|          | 60MH (0,762m) | 12.07      | VAN CAMPENHOUT SIEBE | GENT    | 29.12.2012 |
|          | HOOG          | 1m15       | KERKHOF YORAN        | GENT    | 14.12.2013 |
|          | HOOG          | 1m15       | VAN ESBROECK TOON    | GENT    | 12.12.2015 |
|          | VER           | 4m04       | ELENGESA CRAIG       | HOBOKEN | 06.02.2011 |
|          | KOGEL (2kg)   | 7m56       | VAN CAMPENHOUT SIEBE | GENT    | 22.12.2012 |
|          | VIERKAMP      | 1.613 ptn. | ELENGESA CRAIG       | HOBOKEN | 06.02.2011 |
|          | 4 X 200M      |            |                      |         |            |

| MINIEMEN | OUTDOORNUMMER          | PRESTATIE  | NAAM  | PLAATS               | DATUM      |
|----------|------------------------|------------|---|----------------------|------------|
|          | 80M                    | 9.89       | GOESSENS BRAAM  | NINOVE               | 17.09.2005 |
|          | 150M                   | 18.19      | GOESSENS BRAAM  | LEBBEKE              | 31.07.2005 |
|          | 200M                   | 25.9 HT    | DE TOBEL ANDY   | BORNEM               | 14.08.1985 |
|          | 300M                   | 38.62      | GOESSENS BRAAM  | OORDEGEM             | 01.10.2005 |
|          | 1.000M                 | 2.42.39    | GOESSENS BRAAM  | NINOVE               | 17.09.2005 |
|          | 1.500M                 | 4.41.44    | BLOMMAERT LAURENS   | OORDEGEM             | 08.05.2019 |
|          | 80MH (0,840m)          | 13.79      | VAN DINGENEN TIM  | NIJVEL               | 23.09.2006 |
|          | 150MH(0,762m) 3hor     | 22.68      | D'HONDT JELTE   | BRUSSEL              | 01.10.2016 |
|          | 150MH(0,762m) 4hor     | 22.94      | VAN DINGENEN TIM  | OORDEGEM             | 10.09.2006 |
|          | HOOG                   | 1m62       | BRIJS GERT  | DEINZE               | 31.07.1992 |
|          | POLSTOK                | 2m40       | D'HONDT SVEN  | TESSENDERLO          | 17.08.1994 |
|          | VER                    | 5m21       | GOESSENS BRAAM  | LEBBEKE              | 12.06.2004 |
|          | KOGEL (3kg)            | 13m09      | PROVOOST GEOFFREY   | NIJVEL               | 27.09.1997 |
|          | DISCUS (750gr)         | 25m45      | CLAEYS JONAS  | SINT-NIKLAAS         | 06.09.2020 |
|          | DISCUS (750gr) covid19 | 27m82      | SEYMOENS TIBO   | LEBBEKE (interne m.) | 19.09.2020 |
|          | DISCUS (1kg)           | 39m82      | NEVENS PIETER   | DILBEEK              | 14.09.1996 |
|          | SPEER (400g)           | 55m78      | NEVENS PIETER   | DIEPENBEEK           | 13.10.1996 |
|          | VIERKAMP               | 2.996 ptn. | NEVENS PIETER   | ERTVELDE             | 02.05.1996 |
|          | VIJFKAMP               | 3.300 ptn. | VAN DINGENEN TIM  | OORDEGEM             | 24.09.2006 |
|          | 4 X 80M                | 43.0 HT    | VAN CAUWENBERGH OLIVIER<br>BRIJS GERT<br>VAN STEEN MAARTEN<br>MICHIELS BERT | LEBBEKE              | 12.06.1992 |
|          | 3 X 600M               | 5.11.11    | VERMOESEN ARNAUD<br>DE BILDE LOUI<br>NJEMA KILANI                           | GENT                 | 28.08.2021 |

| MINIEMEN | INDOORNUMMER  | PRESTATIE | NAAM   | PLAATS  | DATUM      |
|----------|---------------|-----------|--|---------|------------|
|          | 60M           | 8.13      | NAUDTS ARNE  | GENT    | 14.02.2015 |
|          | 150M          | 19.61     | NAUDTS ARNE  | GENT    | 14.02.2015 |
|          | 200M          | 26.80     | NAUDTS ARNE  | GENT    | 28.01.2015 |
|          | 300M          | 46.91     | VERMOESEN ARTHUR   | GENT    | 08.12.2018 |
|          | 800M          | 2.31.37   | BAEYENS MIEL   | GENT    | 31.01.2018 |
|          | 1.000M        | 3.00.21   | VAN CAMPENHOUT SIEBE   | GENT    | 21.03.2015 |
|          | 60MH (0,838m) | 11.27     | ROBIJNS FLOR   | GENT    | 21.03.2015 |
|          | HOOG          | 1m50      | BRIJS GERT   | GENT    | 22.02.1992 |
|          | VER           | 4m67      | NEVENS PIETER  | HOBOKEN | 03.03.1996 |
|          | POLSTOK       | 1m80      | MICHIELS BERT  | HOBOKEN | 30.11.1991 |
|          | KOGEL (3kg)   | 11m29     | NEVENS PIETER  | GENT    | 21.02.1996 |
|          | VIERKAMP      |           |  |         |            |
|          | 4 X 200M      | 1.57.13   | VAN CAMPENHOUT SIEBE<br>D'HONDT JELTE<br>ROBIJNS FLOR<br>NAUDTS ARNE | GENT    | 22.02.2015 |

| CADETTEN | OUTDOORNUMMER                              | PRESTATIE      | NAAM   | PLAATS           | DATUM             |
|----------|--|----------------|--|------------------|-------------------|
|          | 100M                                       | 11.52          | TEMMERMAN TIBE   | HEUSDEN          | 13.09.2020        |
|          | 200M                                       | 23.09          | TORCK JARNO  | HEUSDEN          | 13.09.2020        |
|          | 300M                                       | 37.25          | TEMMERMAN TIBE   | ERTVELDE         | 09.08.2020        |
|          | 400M                                       | 52.39          | DE MEY MARNIC  | HEIZEL           | 02.09.1984        |
|          | 600M                                       | 1.32.74        | BLOMMAERT LAURENS  | GENTBRUGGE       | 30.06.2021        |
|          | 800M                                       | 1.57.44        | DE FEYTER LEVI   | TESSENDERLO      | 25.08.2001        |
|          | 1.000M                                     | 2.33.21        | DE FEYTER LEVI   | BRUSSEL          | 24.08.2001        |
|          | <b>1.500M</b>                              | <b>4.07.49</b> | <b>NJEMA KILANI</b>  | <b>LEBBEKE</b>   | <b>11.09.2022</b> |
|          | MIJL                                       | 4.45.79        | DE SMET DRIES  | BRUSSEL          | 06.10.2012        |
|          | 2.000M                                     | 6.05.41        | DE SMET DRIES  | SCHAARBEEK       | 01.06.2013        |
|          | 100MH (0,914m)                             | 15.01          | BOGAERTS JONAS   | OORDEGEM         | 27.09.2009        |
|          | <b>100MH (0,84m)</b>                       | <b>15.38</b>   | <b>CLAEYS JONAS</b>  | <b>DEINZE</b>    | <b>18.09.2022</b> |
|          | 200MH(0,762m)                              | 29.07          | BOGAERTS JONAS   | KAPellen         | 07.06.2009        |
|          | 300MH (0,762m)                             | 41.74          | BOGAERTS JONAS   | NIJVEL           | 06.09.2009        |
|          | <b>1.500M STEEPLE (76cm)</b>               | <b>4.36.24</b> | <b>NJEMA KILANI</b>  | <b>LIER</b>      | <b>26.06.2022</b> |
|          | HOOG                                       | 1m79           | HEYVAERT GEERT   | LEBBEKE          | 09.09.1981        |
|          | POLSSTOK                                   | 4m20           | DE RIDDER KRIS   | VLIERZELE        | 06.09.1980        |
|          | <b>VER</b>                                 | <b>6m05</b>    | <b>CLAEYS JONAS</b>  | <b>HERENTALS</b> | <b>28.05.2022</b> |
|          | HINKSTAP                                   | 11m67          | DE RIDDER KRIS   | AALST            | 02.08.1980        |
|          | KOGEL (4kg)                                | 13m65          | BOGAERTS JONAS   | SINT-NIKLAAS     | 31.10.2009        |
|          | <i>KOGEL (5kg)</i>                         | <i>12m82</i>   | <i>PEETERS TOM</i>   | <i>HEIZEL</i>    | <i>04.09.1983</i> |
|          | DISCUS (1kg)                               | 45m01          | NEVENS PIETER  | EEKLO            | 04.07.1998        |
|          | <i>DISCUS (1,5kg)</i>                      | <i>33m72</i>   | <i>DE FEYTER FRANKIE</i>   | <i>LEBBEKE</i>   | <i>22.08.1979</i> |
|          | HAMER (4kg)                                | 37m56          | NEVENS PIETER  | EEKLO            | 04.07.1998        |
|          | <i>HAMER (5kg)</i>                         | <i>32m06</i>   | <i>DE RIDDER KRIS</i>  | <i>OORDEGEM</i>  | <i>01.08.1980</i> |
|          | SPEER (600g)                               | 54m56          | BOGAERTS JONAS   | OORDEGEM         | 27.09.2009        |
|          | VIJFKAMP                                   | 2.814 ptn.     | PROVOOST GEOFFREY  | BEVEREN          | 18.09.1999        |
|          | ACHTKAMP                                   | 4.728 ptn.     | BOGAERTS JONAS   | OORDEGEM         | 27.09.2009        |
|          | 4 X 100M                                   | 46.10          | TORCK JARNO<br>TEMMERMAN TIBE<br>CAUDRON MEINDERT<br>CEUSTERS SAM              | DEINZE           | 25.08.2019        |
|          | 4 X 200M                                   | 1.44.36        | VIERENDEELS SVERRE<br>TAS FREDERIK<br>GABRIELS ROBBE<br>THOMASSEN PIETER       | AALST            | 18.08.2013        |
|          | 4 X 800M                                   | 8.29.28        | DE MEESTER YOERI<br>DE MEESTER DIMITRI<br>ROTTIERS KURT<br>VAN CAMPENHOUT DIRK | DEINZE           | 28.08.1991        |
|          | MIX MEDLEY RELAY<br>100m, 200m, 300m, 400m | 2.13.69        | HEYVAERT NONA<br>TORCK JARNO<br>HEYVAERT ELLA<br>TEMMERMAN TIBE                | LEBBEKE          | 18.08.2019        |

| CADETTEN | INDOORNUMMER  | PRESTATIE      | NAAM   | PLAATS      | DATUM             |
|----------|---------------|----------------|--|-------------|-------------------|
|          | 60M           | 7.21           | TORCK JARNO  | GENT        | 05.02.2020        |
|          | 200M          | 22.90          | TORCK JARNO  | GENT        | 01.03.2020        |
|          | 300M          | 37.77          | TORCK JARNO  | GENT        | 28.12.2019        |
|          | 400M          | 55.40          | METTEPENNINGEN JAN   | GENT        | 20.02.1999        |
|          | <b>800M</b>   | <b>2.04.58</b> | <b>NJEMA KILANI</b>  | <b>GENT</b> | <b>19.02.2022</b> |
|          | <b>1.000M</b> | <b>2.46.44</b> | <b>NJEMA KILANI</b>  | <b>GENT</b> | <b>26.02.2022</b> |
|          | 1.500M        | 4.14.59        | DE FEYTER LEVI   | GENT        | 31.03.2001        |
|          | 60MH (0,914m) | 9.60           | BOGAERTS JONAS   | GENT        | 15.02.2009        |
|          | HOOG          | 1m71           | DE WILDE SANDER  | GENT        | 15.02.2009        |
|          | POLSSTOK      | 2m70           | NEVENS PIETER  | GENT        | 26.12.1997        |
|          | VER           | 5m66           | GABRIELS ROBBE   | GENT        | 04.01.2014        |
|          | HINKSTAP      | 11m52          | MOERNAUT JASPER  | GENT        | 26.12.1997        |
|          | KOGEL (4kg)   | 13m52          | BOGAERTS JONAS   | GENT        | 14.02.2009        |
|          | ZESKAMP       | 2.910 ptn.     | BOGAERTS JONAS   | GENT        | 15.02.2009        |
|          | 4 X 200M      | 1.39.13        | TORCK JARNO<br>TEMMERMAN TIBE<br>DHONDT TIJL<br>SMISMANS MAURO | GENT        | 15.02.2020        |

| SCHOLIEREN | OUTDOORNUMMER                              | PRESTATIE    | NAAM  | PLAATS              | DATUM             |
|------------|--|--------------|---|---------------------|-------------------|
|            | <b>100M</b>                                | <b>11.03</b> | <b>TEMMERMAN TIBE<br/>TORCK JARNO</b>   | <b>LEBBEKE</b>      | <b>10.09.2022</b> |
|            | 150M                                       | 16.85        | TEMMERMAN TIBE  | BORNEM              | 20.08.2021        |
|            | <b>200M</b>                                | <b>22.29</b> | <b>TORCK JARNO</b>  | <b>ORDEGEM</b>      | <b>28.05.2022</b> |
|            | <b>300M</b>                                | <b>35.92</b> | <b>TORCK JARNO</b>  | <b>SINT-NIKLAAS</b> | <b>02.08.2022</b> |
|            | 400M                                       | 49.20        | HEYVAERT GEERT  | BOSVOORDE           | 22.09.1983        |
|            | 600M                                       | 1.38.42      | HUYSMAN WOUT  | GENTBRUGGE          | 30.06.2021        |
|            | 800M                                       | 1.54.73      | GOESSENS BRAAM  | DEINZE              | 11.05.2008        |
|            | 1.000M                                     | 2.27.54      | DE SMET DRIES   | BRUSSEL             | 11.09.2015        |
|            | 1.500M                                     | 3.52.91      | DE SMET DRIES   | KESSEL-LO           | 08.08.2015        |
|            | 1 MIJL                                     | 4.46.66      | VAN CAMPENHOUT SIEBE  | NINOVE              | 21.06.2019        |
|            | 2.000M                                     | 6.07.00      | VAN AKEN BO   | OUDENAARDE          | 14.07.2017        |
|            | 3.000M                                     | 8.37.21      | DE COCK TIM   | MERKSEM             | 07.09.1991        |
|            | 110MH (0,914m)                             | 16.04        | BOGAERTS JONAS  | NINOVE              | 19.05.2010        |
|            | 110MH (1,000m)                             | 16.37        | DE RIDDER KRIS  | RIJSEL              | 06.06.1982        |
|            | 300MH (0,840m)                             | 39.51        | BRUIS JOHAN   | AARTSELAAR          | 31.07.1991        |
|            | 400MH (0,840m)                             | 57.82        | PROVOOST GEOFFREY   | NINOVE              | 20.05.2001        |
|            | 400MH (0,914m)                             | 59.07        | BOGAERTS JONAS  | LIER                | 22.05.2010        |
|            | 2.000M STEEPLE (91cm)                      | 6.07.4 HT    | DE FEYTER FREDDIE   | HEYZEL              | 17.09.1978        |
|            | HOOG                                       | 1m91         | HEYVAERT GEERT  | DEINZE              | 26.06.1982        |
|            | POLSTOK                                    | 4m90         | DE RIDDER KRIS  | RIJSEL              | 06.06.1982        |
|            | VER  | 6m90         | HEYVAERT GEERT  | GERMERSHEIM         | 22.05.1983        |
|            | HINKSTAP                                   | 12m76        | DE RIDDER KRIS  | LEBBEKE             | 30.08.1981        |
|            | KOGEL (6kg)                                | 14m02        | DE FEYTER FRANKIE   | AALST               | 04.07.1981        |
|            | KOGEL (5kg)                                | 13m83        | VAN DINGENEN TIM  | AALST               | 28.08.2010        |
|            | DISCUS (1,750kg)                           | 42m04        | DE FEYTER FRANKIE   | HEYZEL              | 13.09.1981        |
|            | DISCUS (1,5kg)                             | 40m06        | MOERNAUT JASPER   | LEBBEKE             | 30.06.1999        |
|            | HAMER (6kg)                                | 33m50        | DE FEYTER FRANKIE   | ANTWERPEN           | 21.06.1981        |
|            | HAMER (5kg)                                | 35m42        | VAN DER PLAS STEVEN   | LEBBEKE             | 15.06.1990        |
|            | SPEER (700g)                               | 63m15        | BOGAERTS JONAS  | LOKEREN             | 29.05.2011        |
|            | SPEER (800g)                               | 58m74        | MOERNAUT JASPER   | SINT-NIKLAAS        | 01.06.2000        |
|            | VIJFKAMP                                   | 2.960 ptn.   | BOGAERTS JONAS  | BURCHT              | 03.10.2010        |
|            | ACHTKAMP                                   | 5.013 ptn.   | DE RIDDER KRIS  | BLANKENBERGE        | 15.08.1981        |
|            | NEGENKAMP                                  | 5.140 ptn.   | BOGAERTS JONAS  | ORDEGEM             | 26.09.2010        |
|            | TIENKAMP                                   | 3.931 ptn.   | TEUGELS SEBASTIEN   | DILBEEK             | 30.07.2017        |
|            | 4 X 100M                                   | 44.03        | CAUDRON MEINDERT<br>TEMMERMAN TIBE<br>TORCK JARNO<br>DHONDT TIJL              | JAMBES              | 05.09.2021        |
|            | 4 X 800M                                   | 8.11.0 HT    | VAN DEN ABBEELE THEO<br>VERHAVEN EDDY<br>DE FEYTER FREDDY<br>VAN THIENEN KRIS | LEBBEKE             | 07.09.1977        |
|            | MIX MEDLEY RELAY<br>100m, 200m, 300m, 400m | 2.11.25      | DE TROYER LISA<br>TORCK JARNO<br>HEYVAERT NONA<br>TEMMERMAN TIBE              | LEBBEKE             | 29.08.2021        |

| SCHOLIEREN | INDOORNUMMER  | PRESTATIE    | NAAM  | PLAATS      | DATUM             |
|------------|---------------|--------------|---|-------------|-------------------|
|            | <b>60M</b>    | <b>7.14</b>  | <b>TORCK JARNO</b>  | <b>GENT</b> | <b>30.01.2022</b> |
|            | <b>200M</b>   | <b>22.61</b> | <b>TEMMERMAN TIBE</b>   | <b>GENT</b> | <b>15.01.2022</b> |
|            | <b>300M</b>   | <b>35.86</b> | <b>TEMMERMAN TIBE</b>   | <b>GENT</b> | <b>26.02.2022</b> |
|            | 400M          | 52.82        | DE MEESTER YOERI  | GENT        | 31.01.1993        |
|            | 800M          | 1.58.60      | DE FEYTER LEVI  | GENT        | 24.02.2002        |
|            | 1.000M        | 2.57.82      | BOGAERTS JONAS  | GENT        | 06.02.2011        |
|            | 1.500M        | 4.08.78      | DE FEYTER LEVI  | GENT        | 02.03.2002        |
|            | 3.000M        | 9.10.93      | DE FEYTER NICK  | GENT        | 02.03.2002        |
|            | 60MH (0,914m) | 8.76         | BOGAERTS JONAS  | GENT        | 06.02.2011        |
|            | HOOG          | 1m70         | BOGAERTS JONAS  | GENT        | 07.02.2010        |
|            | POLSTOK       | 4m80         | DE RIDDER KRIS  | DUSSELDORF  | 07.02.1982        |
|            | VER           | 6m09         | BOGAERTS JONAS  | GENT        | 05.02.2011        |
|            | KOGEL (5kg)   | 13m01        | PROVOOST GEOFFREY   | GENT        | 12.01.2001        |
|            | ZEVENKAMP     | 4.384 ptn.   | BOGAERTS JONAS  | GENT        | 06.02.2011        |
|            | 4 X 200M      | 1.36.06      | VAN DEN BULCKE JASPER<br>CAUDRON MEINDERT<br>KERRE FLOREN<br>DHONDT ROBBE | GENT        | 15.02.2020        |

| JUNIORS | OUTDOORNUMMER         | PRESTATIE    | NAAM   | PLAATS            | DATUM             |
|---------|-----------------------|--------------|--|-------------------|-------------------|
|         | <b>100M</b>           | <b>11.12</b> | <b>CAUDRON MEINDERT</b>  | <b>AALST</b>      | <b>21.05.2022</b> |
|         | <b>150M</b>           | <b>16.67</b> | <b>CAUDRON MEINDERT</b>  | <b>RIXENSART</b>  | <b>09.09.2022</b> |
|         | <b>200M</b>           | <b>22.23</b> | <b>CAUDRON MEINDERT</b>  | <b>AALST</b>      | <b>21.05.2022</b> |
|         | 300M                  | 36.54        | DE MAERSSCHALCK PIETER   | AALTER            | 12.08.2007        |
|         | <b>400M</b>           | <b>50.10</b> | <b>VAN DEN BULCKE JASPER</b>   | <b>GENTBRUGGE</b> | <b>24.06.2022</b> |
|         | 600M                  | 1.24.27      | VAN CAMPENHOUT SIEBE   | ERTVELDE          | 27.07.2021        |
|         | 800M                  | 1.50.46      | DE SMET DRIES  | HEUSDEN           | 16.07.2016        |
|         | 1.000M                | 2.28.19      | VAN STEEN MAARTEN  | LOMMEL            | 15.08.1999        |
|         | 1.500M                | 3.44.23      | DE SMET DRIES  | OORDEGEM          | 27.05.2017        |
|         | 1 MIJL                | 4.11.90      | CLERBOUT TIM   | BEVEREN           | 24.09.2000        |
|         | 2.000M                | 5.33.8 HT    | VAN THIENEN KRIS   | LEBBEKE           | 24.09.1978        |
|         | 3.000M                | 8.16.33      | VAN STEEN MAARTEN  | EDEGEM            | 20.08.1999        |
|         | 5.000M                | 14.26.86     | VAN STEEN MAARTEN  | TESSENDERLO       | 23.06.1999        |
|         | 10.000M               | 31.27.4 HT   | VAN DAMME FILIP  | WILLEBROEK        | 14.09.1988        |
|         | 110MH (1,067m)        | 16.4 HT      | DE RIDDER KRIS   | AARTSELAAR        | 05.06.1983        |
|         | 200MH (0,762m)        | 31.10        | VIERENDEELS SVERRE   | BORNEM            | 05.08.2016        |
|         | 400MH (0,914m)        | 55.57        | PROVOOST GEOFFREY  | LUIK              | 14.09.2002        |
|         | 2.000M STEEPLE (91cm) | 5.58.0 HT    | WILLEMS FRANCOIS   | HEIZEL            | 07.06.1977        |
|         | 3.000M STEEPLE (91cm) | 9.54.3 HT    | DE FEYTER FREDDIE  | LEBBEKE           | 19.04.1980        |
|         | HOOG                  | 1m92         | DE RIDDER KRIS   | BLANKENBERGE      | 09.10.1983        |
|         | POLSSTOK              | 5m15         | DE RIDDER KRIS   | AMSTERDAM         | 04.08.1984        |
|         | VER                   | 6m40         | DE RIDDER KRIS   | BLANKENBERGE      | 09.10.1983        |
|         | HINKSTAP              | 13m02        | DE SCHRIJVER HUGO  | LEBBEKE           | 22.05.1977        |
|         | KOGEL (6kg)           | 12m29        | BOGAERTS JONAS   | LEBBEKE           | 17.05.2013        |
|         | KOGEL (7,260kg)       | 12m64        | DE FEYTER FRANKIE  | AALST             | 06.08.1982        |
|         | DISCUS (1,750kg)      | 38m97        | MOERNAUT JASPER  | HAMME             | 25.08.2002        |
|         | DISCUS (2kg)          | 41m82        | DE FEYTER FRANKIE  | GENT              | 15.05.1983        |
|         | HAMER (6,250kg)       | 28m90        | VAN BUGGENHOUT LIEVEN  | TIENEN            | 24.09.2005        |
|         | SPEER (800gr)         | 61m12        | BOGAERTS JONAS   | VILVOORDE         | 15.09.2013        |
|         | VIJFKAMP              | 2.796 ptn.   | BOGAERTS JONAS   | DEINZE            | 30.06.2012        |
|         | TIENKAMP              | 6.450 ptn.   | DE RIDDER KRIS   | BLANKENBERGE      | 09.10.1983        |
|         | 4 X 100M              | 45.35        | BOGAERTS JONAS<br>DE WILDE SANDER<br>WELLEKENS BRENT<br>CHAMPEAUX CHRISTOPHE | OUDENAARDE        | 19.08.2012        |
|         | 4 X 400M              | 3.31.4 HT    | VAN DAMME J.<br>MAGNUS P.<br>VAN EETVELDE H.<br>KINT A.                      | ?                 | 05.03.1965        |
|         | 4 X 800M              | 7.57.37      | TECK ARNE<br>VAN OPSTAL ARNE<br>VAN LAETHEM GAETAN<br>DE SMET DRIES          | AALST             | 28.08.2016        |
|         | 4 X 1.500M            | 16.38.3      | BOODTS HERMAN<br>VAN DEN ABBEELE THEO<br>VERHAVEN E.<br>VAN THIENEN KRIS     | HEIZEL            | 03.09.1978        |


| JUNIORS | INDOORNUMMER    | PRESTATIE    | NAAM                    | PLAATS                  | DATUM             |
|---------|-----------------|--------------|-------------------------|-------------------------|-------------------|
|         | <b>60M</b>      | <b>7.12</b>  | <b>CAUDRON MEINDERT</b> | <b>LOUVAIN-LA-NEUVE</b> | <b>12.03.2022</b> |
|         | <b>200M</b>     | <b>22.31</b> | <b>CAUDRON MEINDERT</b> | <b>GENT</b>             | <b>12.02.2022</b> |
|         | <b>300M</b>     | <b>35.81</b> | <b>CAUDRON MEINDERT</b> | <b>GENT</b>             | <b>26.02.2022</b> |
|         | 400M            | 51.90        | VAN NUFFEL DANNY        | GENT                    | 07.02.2014        |
|         | 800M            | 1.57.49      | SOETENS BRENT           | GENT                    | 26.01.2020        |
|         | 1.000M          | 2.35.06      | CAUDRON THOMAS          | GENT                    | 19.01.2008        |
|         | 1.500M          | 3.54.30      | DE SMET DRIES           | GENT                    | 18.02.2017        |
|         | 1 MIJL          | 4.33.31      | CAUDRON THOMAS          | GENT                    | 26.12.2007        |
|         | 3.000M          | 8.27.02      | DE SMET DRIES           | GENT                    | 20.02.2016        |
|         | 60MH (0,991m)   | 9.02         | BOGAERTS JONAS          | GENT                    | 03.03.2012        |
|         | HOOG            | 1m75         | BOGAERTS JONAS          | GENT                    | 04.02.2012        |
|         | VER             | 6m20         | BOGAERTS JONAS          | GENT                    | 08.02.2013        |
|         | HINKSTAP        | 12m38        | VANDE MOORTELE JORN     | GENT                    | 27.01.2019        |
|         | POLSSTOK        | 4m90         | DE RIDDER KRIS          | DUSSELDORF              | 06.02.1983        |
|         | KOGEL (6kg)     | 12m84        | VAN DINGENEN TIM        | GENT                    | 09.01.2011        |
|         | KOGEL (7,260kg) | 11m00        | BOGAERTS JONAS          | GENT                    | 08.02.2013        |
|         | DRIEKAMP        | 1.899 ptn.   | BOGAERTS JONAS          | GENT                    | 08.02.2013        |
|         | ZEVENKAMP       | 4.254 ptn.   | BOGAERTS JONAS          | GENT                    | 05.02.2012        |


| SENIORS | OUTDOORNUMMER                               | PRESTATIE      | NAAM   | PLAATS              | DATUM             |
|---------|---|----------------|--|---------------------|-------------------|
|         | 60M   | 6.8 HT         | MACHARIS ANDRE   | GENT                | 17.08.1968        |
|         | 100M  | 10.85          | ERNST OLIVIER  | VILVOORDE           | 25.06.1996        |
|         | 200M  | 21.73          | ERNST OLIVIER  | NINOVE              | 03.08.1996        |
|         | 300M  | 34.57          | MOENS ROLAND   | NINOVE              | 29.08.1999        |
|         | 400M  | 47.79          | MOENS ROLAND   | BEVEREN             | 11.09.1999        |
|         | 600M  | 1.20.45        | VAN LAETHEM GAETAN   | ODENNAARDE          | 21.08.2021        |
|         | 800M  | 1.46.5 HT      | MICHIELS JULIEN  | LA CORUNA           | 12.06.1982        |
|         | 1.000M                                      | 2.21.66        | CLERBOUT TIM   | BRUSSEL             | 30.08.2002        |
|         | 1.500M                                      | 3.40.6 HT      | MICHIELS JULIEN  | NICE                | 19.08.1979        |
|         | 1 MIJL                                      | 4.07.57        | CLERBOUT TIM   | SINT-NIKLAAS        | 07.05.2002        |
|         | 2 MIJL                                      | 9.17.51        | MUNYESHYKA THEOGENE  | BEVEREN             | 16.08.1998        |
|         | 2.000M                                      | 5.19.0 HT      | VAN GOOLEN GEERT   | NINOVE              | 01.08.1986        |
|         | 3.000M                                      | 7.52.16        | CLERBOUT TIM   | TESSENDERLO         | 24.08.2002        |
|         | 5.000M                                      | 13.42.3 HT     | WILLEMS FRANCOIS   | LEUVEN              | 11.07.1980        |
|         | 10.000M                                     | 29.11.84       | DE KEYSER WIM  | TROISDORF           | 24.08.1996        |
|         | 10KM OP DE WEG                              | 32.47          | DE VLEMINCK STAN   | TORHOUT             | 21.06.2019        |
|         | 20.000M                                     | 1u03.42        | VAN THIENEN JAN  | LEBBEKE             | 29.09.1990        |
|         | 30.000M                                     | 1u43.17        | DE VLEMINCK STAN   | SCHOORL (NED)       | 10.02.2019        |
|         | UURLOOP                                     | 19,086 km      | LELON JEAN-MARIE   | ROOSEDAAL           | 28.09.1983        |
|         | HALVE MARATHON                              | 1u05.01        | ROTTIERS LUCIEN  | DEN HAAG            | 19.03.1983        |
|         | MARATHON                                    | 2u16.24        | ROTTIERS LUCIEN  | MAASSLUIS           | 12.04.1986        |
|         | 110MH (1,067m)                              | 15.1 HT        | VAN GUCHT ANTOINE  | LEBBEKE             | 16.09.1981        |
|         | 200MH (0,762m)                              | 26.61          | VAN NUFFEL DANNY   | BORNEM              | 05.08.2016        |
|         | 400MH (0,914m)                              | 54.58          | BOGAERTS JONAS   | SINT-NIKLAAS        | 10.05.2015        |
|         | 2.000M STEEPLE (91cm)                       | 5.54.60        | VERMEIREN JOHAN  | BEVEREN             | 25.06.2000        |
|         | 3.000M STEEPLE (91cm)                       | 8.56.57        | VERMEIREN JOHAN  | HEVERLEE            | 18.05.2002        |
|         | HOOG  | 1m96           | DE FEYTER FRANKIE  | LEBBEKE             | 07.09.1988        |
|         | POLSTOK                                     | 5m20           | DE RIDDER KRIS   | HEYSEL              | 10.08.1986        |
|         | VER   | 7m19           | MICHIELS BERT  | ORDEGEM             | 27.06.2004        |
|         | HINKSTAP                                    | 13m41          | CLAESSENS MARTIN   | LEBBEKE             | 21.05.1989        |
|         | <b>KOGEL (7,260kg)</b>                      | <b>14m60</b>   | <b>NYS GLENN</b>   | <b>SINT-NIKLAAS</b> | <b>08.05.2022</b> |
|         | DISCUS (2kg)                                | 43m52          | DE FEYTER FRANKIE  | NINOVE              | 26.05.1991        |
|         | HAMER (7,260kg)                             | 38m84          | DE FEYTER FRANKIE  | LEBBEKE             | 23.05.1990        |
|         | SPEER (800g)                                | 63m55          | BOGAERTS JONAS   | BEVEREN             | 03.09.2016        |
|         | GEWICHT (15,880kg)                          | 7m13           | BOGAERTS JONAS   | SINT-NIKLAAS        | 16.10.2016        |
|         | VIJFKAMP                                    | 3.177 ptn.     | BOGAERTS JONAS   | ORDEGEM             | 21.07.2018        |
|         | TIENKAMP                                    | 6.587 ptn.     | BOGAERTS JONAS   | IEPER               | 07.07.2019        |
|         | <b>4 X 100M</b>                             | <b>42.18</b>   | <b>CAUDRON MEINDERT (jun)<br/>TEMMERMAN TIBE (sch)<br/>TORCK JARNO (sch)<br/>VAN INGELGEM THOMAS (Mas)</b> | <b>KESSEL-LO</b>    | <b>04.09.2022</b> |
|         | <b>4 X 200M</b>                             | <b>1.28.32</b> | <b>CAUDRON MEINDERT (jun)<br/>TEMMERMAN TIBE (sch)<br/>TORCK JARNO (sch)<br/>VAN INGELGEM THOMAS (Mas)</b> | <b>KESSEL-LO</b>    | <b>04.09.2022</b> |
|         | 4 X 400M                                    | 3.19.72        | THYS YOSHI (jun)<br>DE MOL AIKO (sen)<br>DE MAERSSCHALCK JAN (sen)<br>DE MAERSSCHALCK PIETER (sen)         | BRUGGE              | 18.09.2011        |
|         | 4 X 800M                                    | 7.38.23        | SCHOCKAERT LAURENS<br>TECK ARNE<br>DE FEYTER ARNO<br>VAN LAETHEM GAETAN                                    | GENT                | 28.08.2021        |
|         | 4 X 1.500M                                  | 15.48.40       | VERMEIREN JOHAN<br>CLERBOUT TIM<br>MUNYASHYKA THEOGENE<br>VAN STEEN MAARTEN                                | JAMBES              | 17.09.2000        |
|         | 4 X 15KM                                    | 3u12.43        | VAN THIENEN JAN<br>MICHIELS JULIEN<br>DE MAESENEER JOZEF<br>BOODTS HERMAN                                  | UTRECHT             | 01.10.1989        |
|         | ZWEEDSE AFLOSSING<br>400m, 300m, 200m, 100m | 2.06.90        | MUYSEWINKEL NIELS<br>DE REUSE TIM<br>DE MAERSSCHALCK JAN<br>CAUDRON THOMAS                                 | ORDEGEM             | 20.06.2008        |

|  |         |  |         |            |
|--|---------|--|---------|------------|
| OLYM. AFLOSSING<br>800m, 400m, 200m, 200m  | 3.40.47 | CAUDRON THOMAS<br>DE MAERSSCHALCK PIETER<br>DE MOL AIKO<br>VANFLETEREN SAM                   | AALST   | 07.09.2013 |
| MIX MEDLEY RELAY<br>100m, 200m, 300m, 400m | 2.03.88 | HEYVAERT LUCA (cad)<br>DE MOL AIKO (sen)<br>VANFLETEREN RIET (sen)<br>VAN NUFFEL DANNY (sen) | LEBBEKE | 10.07.2016 |



| SENIORS | INDOORNUMMER    | PRESTATIE      | NAAM   | PLAATS      | DATUM             |
|---------|-----------------|----------------|--|-------------|-------------------|
|         | 60M             | 6.93           | VERCAUTER KRIS   | GENT        | 30.01.1993        |
|         | 200M            | 22.52          | ERNST OLIVIER  | GENT        | 26.12.1995        |
|         | 300M            | 36.38          | VAN NUFFEL DANNY   | GENT        | 24.02.2018        |
|         | 400M            | 49.97          | VAN NUFFEL DANNY   | GENT        | 17.02.2018        |
|         | 600M            | 1.26.26        | CAUDRON THOMAS   | MANCHESTER  | 16.12.2012        |
|         | 800M            | 1.50.76        | QUINTELIER BEN   | GENT        | 25.02.2000        |
|         | 1.000M          | 2.34.60        | CAUDRON THOMAS   | GENT        | 11.02.2012        |
|         | 1.500M          | 3.53.85        | CLERBOUT TIM   | GENT        | 05.01.2002        |
|         | 1 MIJL          | 4.30.84        | CAUDRON THOMAS   | GENT        | 26.12.2011        |
|         | 3.000M          | 8.08.31        | CLERBOUT TIM   | GENT        | 10.01.2002        |
|         | 60MH (1,067m)   | 8.78           | BOGAERTS JONAS   | GENT        | 03.02.2019        |
|         | KOGEL (7,260kg) | 13m31          | MORRET MICHAEL   | HEVERLEE    | 07.12.1999        |
|         | HINKSTAP        | 12m55          | DE PROFT MICHIEL   | GENT        | 04.01.2014        |
|         | HOOG            | 1m75           | BOGAERTS JONAS   | GENT        | 03.02.2018        |
|         | POLSSSTOK       | 5m00           | DE RIDDER KRIS   | MAASTRICHT  | 02.02.1986        |
|         | VER             | 7m00           | MICHIELS BERT  | GENT        | 20.02.2005        |
|         | <b>4 X 200M</b> | <b>1.31.32</b> | <b>CAUDRON MEINDERT (jun)</b><br><b>VAN INGELGEM THOMAS (M35)</b><br><b>TEMMERMAN TIBE (sch)</b><br><b>TORCK JARNO (sch)</b> | <b>GENT</b> | <b>05.03.2022</b> |
|         | 4 X 400M        | 3.33.38        | VAN DEN BEGIN BRECHT(jun)<br>CAUDRON THOMAS(sen)<br>VANFLETEREN SAM(sen)<br>DE MAERSSCHALCK PIETER(sen)                      | GENT        | 26.12.2009        |
|         | DRIEKAMP        | 2.029 ptn.     | BOGAERTS JONAS   | GENT        | 07.02.2014        |
|         | ZEVENKAMP       | 4.714 ptn.     | BOGAERTS JONAS   | GENT        | 03.02.2019        |

| AMH -21 | OUTDOORNUMMER  | PRESTATIE      | NAAM  | PLAATS         | DATUM             |
|---------|--|----------------|---|----------------|-------------------|
|         | <b>200m</b>  | <b>27.12</b>   | <b>DE COSTER YENZO (jun)</b>  | <b>LIER</b>    | <b>30.07.2022</b> |
|         | 300M   | 43.61          | VANDEPERRE NIELS  | HAMME          | 03.06.2018        |
|         | <b>400m</b>  | <b>61.95</b>   | <b>VANDEPERRE NIELS</b>   | <b>LEBBEKE</b> | <b>21.08.2022</b> |
|         | 800M   | 2.12.25        | VANDEPERRE NIELS  | LEBBEKE        | 22.08.2020        |
|         | 1.000M   | 2.54.41        | VANDEPERRE NIELS  | LEBBEKE        | 27.04.2019        |
|         | 1.500M   | 4.30.68        | VANDEPERRE NIELS  | DUFFEL         | 21.05.2018        |
|         | MIJL   | 4.55.90        | VANDEPERRE NIELS  | NINOVE         | 03.08.2018        |
|         | 3.000M   | 10.00.99       | VANDEPERRE NIELS  | BORNEM         | 27.07.2018        |
|         | 5.000M   | 18.58.99       | VANDEPERRE NIELS  | LIER           | 24.07.2021        |
|         | 10.000M  | 42.43.96       | VERMEIREN PHILIP  | LEBBEKE        | 18.08.2019        |
|         | MARATHON   | 3u29.35        | VERMEIREN PHILIP  | BUGGENHOUT     | 29.09.2019        |
|         | <b>MIX MEDLEY RELAY</b><br><b>100m, 200m, 300m, 400m</b> | <b>3.12.83</b> | <b>FOLLAETS NATHALIE</b><br><b>DE COSTER YENZO (jun)</b><br><b>VAN DEN ABBEELE LOTTE (jun)</b><br><b>VANDEPERRE NIELS</b> | <b>LEBBEKE</b> | <b>21.08.2022</b> |

| AMH -21   | INDOORNUMMER    | PRESTATIE | NAAM                    | PLAATS | DATUM      |
|---|-----------------|-----------|-------------------------|--------|------------|
|   | 200M            | 29.48     | DE COSTER YENZO (schol) | GENT   | 08.12.2019 |
|  | 800M            | 2.15.35   | VANDEPERRE NIELS        | GENT   | 09.12.2018 |
|   | KOGEL (7,260kg) | 7m40      | DE COSTER YENZO (schol) | GENT   | 08.12.2019 |

| MASTERS M35   | OUTDOORNUMMER         | PRESTATIE  | NAAM   | PLAATS        | DATUM      |
|---|-----------------------|------------|--|---------------|------------|
|   | 100M                  | 11.10      | VAN INGELGEM THOMAS  | SINT-NIKLAAS  | 19.06.2022 |
|   | 200M                  | 22.53      | VAN INGELGEM THOMAS  | SINT-NIKLAAS  | 08.05.2022 |
|   | 300M                  | 35.82      | VAN INGELGEM THOMAS  | NINOVE        | 07.09.2022 |
|   | 400M                  | 52.05      | VAN INGELGEM THOMAS  | OORDEGEM-LEDE | 28.06.2022 |
|   | 800M                  | 1.57.73    | QUINTELIER BEN   | ERTVELDE      | 24.06.2015 |
|   | 1.000M                | 2.33.36    | QUINTELIER BEN   | ZELE          | 23.08.2014 |
|   | 1.500M                | 4.07.37    | QUINTELIER BEN   | ERTVELDE      | 20.08.2014 |
|   | 1MIJL                 | 4.30.72    | QUINTELIER BEN   | LEBBEKE       | 30.08.2014 |
|   | 2 MIJL                | 9.48.36    | BLOMMAERT BART   | MECHELEN      | 20.05.2009 |
|   | 2.000M                | 5.32.98    | BLOMMAERT BART   | OUDENAARDE    | 21.06.2008 |
|   | 3.000M                | 9.15.53    | QUINTELIER BEN   | SINT-NIKLAAS  | 11.05.2014 |
|   | 5.000M                | 15.15.31   | BLOMMAERT BART   | LJUBLJANA     | 30.07.2008 |
|   | 10.000M               | 32.25.07   | BLOMMAERT BART   | JAMBES        | 02.07.2008 |
|   | 10KM OP DE WEG        | 34.43      | DE RIDDER TIM  | LOKEREN       | 04.08.2019 |
|   | 15.000M               | 54.40      | DE RIDDER STEVE  | TILBURG       | 03.09.2017 |
|   | 10 MIJL               | 58.38      | DE RIDDER STEVE  | TILBURG       | 03.09.2017 |
|   | 20.000M               |            |  |               |            |
|   | 30.000M               |            |  |               |            |
|   | UURLOOP               |            |  |               |            |
|   | HALVE MARATHON        | 1u13.34    | DE RIDDER TIM  | EVERGEM       | 07.09.2019 |
|   | MARATHON              | 2u36.51    | DE RIDDER TIM  | PUURS         | 12.05.2019 |
|   | 10KM SW               | 65.56.09   | ASSELMAN PETER   | CHARLEROI     | 23.06.2018 |
|   | 50KM SW               | 5u56.33    | ASSELMAN PETER   | TILBURG       | 02.10.2016 |
|   | 110MH (1,06m)         |            |  |               |            |
|   | 400MH (0,914m)        | 69.30      | MOENS JAN  | NINOVE        | 11.07.2007 |
|   | 2.000M STEEPLE (91cm) | 7.30.55    | MOENS JAN  | ZELE          | 27.08.2006 |
|   | 3.000M STEEPLE (91cm) |            |  |               |            |
|   | HOOG                  | 1m54       | LAIKNEZ SVEN   | LANAKEN       | 08.06.2014 |
|   | POLSTOK               |            |  |               |            |
|   | VER                   | 5m74       | ELENGESA SALAMA CLAUDE   | BEVEREN       | 09.06.2012 |
|   | HINKSTAP              |            |  |               |            |
|   | KOGEL (7,260kg)       | 12m14      | MORRET MICHAEL   | BOOISCHOT     | 25.05.2007 |
|   | DISCUS (2kg)          | 25m58      | HEYVAERT KOEN  | LEBBEKE       | 15.06.2014 |
|   | HAMER (7,260kg)       |            |  |               |            |
|   | SPEER (800g)          | 28m49      | HEYVAERT KOEN  | LEBBEKE       | 25.07.2010 |
|   | VIJFKAMP              | 1.419 ptn. | HEYVAERT KOEN  | LEBBEKE       | 25.07.2010 |
|   | TIENKAMP              |            |  |               |            |
|   | 4 X100M               | 47.28      | LAIKNEZ SVEN (M35)<br>RAEMDONCK BART (M35)<br>VIERENDEELS JAN (M45)<br>VAN CAMPENHOUT DIRK (M35)     | JAMBES        | 21.09.2014 |
|   | 4 X 200M              | 1.43.11    | TEUGELS GEERT (M40)<br>LAIKNEZ SVEN (M35)<br>RAEMDONCK BART (M40)<br>QUINTELIER BEN (M35)            | NINOVE        | 27.08.2017 |
| Bel clubrec  | 4 X 400M              | 3.35.75    | LAIKNEZ SVEN (M35)<br>2<br>QUINTELIER BEN (M35)<br>RAEMDONCK BART (M35)                              | LANAKEN       | 08.06.2014 |
|   | 4 X 800M              | 8.40.12    | RAEMDONCK BART (M40)<br>NJEMA IMED (M40)<br>VAN DAMME PETER (M40)<br>QUINTELIER BEN (M35)            | NINOVE        | 27.08.2017 |
|   | 4 X 1.500M            | 18.37.14   | VAN WEVERBERG TOMMY (M35)<br>VIERENDEELS JAN (M45)<br>RAEMDONCK BART (M35)<br>QUINTELIER BEN (M35)   | SINT-NIKLAAS  | 17.08.2014 |
|   | 4 X 15KM              |            |  |               |            |
|   | MIX MEDLEY RELAY      | 2.30.11    | DE LANDSHEER BEATRIJS (W50)<br>VIERENDEELS JAN (M40)<br>DE RIDDER ILSE (W40)<br>RAEMDONCK BART (M35) | LEBBEKE       | 31.08.2013 |



| MASTERS M35   | INDOORNUMMER | PRESTATIE | NAAM   | PLAATS           | DATUM      |
|---|--------------|-----------|--|------------------|------------|
| Bel record   | 60M          | 7.17      | VAN INGELGEM THOMAS  | LOUVAIN-LA-NEUVE | 26.02.2022 |
|   | 200M         | 22.90     | VAN INGELGEM THOMAS  | LOUVAIN-LA-NEUVE | 06.02.2022 |
|   | 300M         | 36.59     | VAN INGELGEM THOMAS  | GENT             | 26.02.2022 |
|   | 400M         | 52.57     | RAEMDONCK BART   | GENT             | 08.03.2014 |
|   | 800M         |           |  |                  |            |
|   | 1.000M       |           |  |                  |            |
|   | 1.500M       | 4.31.28   | ANNAERT BJORN  | GENT             | 10.03.2019 |
|   | 1MIJL        |           |  |                  |            |
|   | 3.000M       |           |  |                  |            |
|   | 60MH         |           |  |                  |            |
|   | HOOG         |           |  |                  |            |
|   | 5KM SW       | 32.12.94  | ASSELMAN PETER   | GENT             | 17.02.2018 |
|   | POLSTOK      |           |  |                  |            |
|   | VER          | 5m73      | ELENGESA SALAMA CLAUDE   | GENT             | 10.03.2012 |
|   | HINKSTAP     |           |  |                  |            |
| Bel clubrec  | KOGEL        | 11m99     | MORRET MICHAEL   | GENT             | 28.02.2009 |
|   | VIJFKAMP     |           |  |                  |            |
|   | 4 X 200M     | 1.41.41   | LAISNEZ SVEN (M35)<br>RAEMDONCK BART (M35)<br>VIERENDEELS JAN (M45)<br>VAN CAMPENHOUT DIRK (M35) | GENT             | 11.01.2014 |


| MASTERS M40 | OUTDOORNUMMER         | PRESTATIE  | NAAM   | PLAATS       | DATUM      |
|-------------|-----------------------|------------|--|--------------|------------|
|             | 100M                  | 12.31      | VIERENDEELS JAN  | NINOVE       | 11.06.2011 |
|             | 200M                  | 24.55      | VIERENDEELS JAN  | BRUSSEL      | 06.10.2013 |
|             | 300M                  | 38.52      | VIERENDEELS JAN  | LEBBEKE      | 08.05.2013 |
|             | 400M                  | 53.21      | VIERENDEELS JAN  | BRASSCHAAT   | 28.09.2013 |
|             | 600M                  | 1.29.73    | RAEMDONCK BART   | GENTBRUGGE   | 30.06.2021 |
|             | 800M                  | 2.02.79    | RAEMDONCK BART   | SINT-NIKLAAS | 31.07.2021 |
|             | 1.000M                | 2.42.6 HT  | MEERT PAUL   | AALST        | 23.06.1990 |
|             | 1.500M                | 4.11.58    | VAN THIENEN JAN  | LEBBEKE      | 17.08.1996 |
|             | 1MIJL                 | 4.35.8 HT  | VANDENVOORDE THEO  | WESPELAAR    | 11.08.1995 |
|             | 2MIJL                 | 10.47.11   | MOENS JAN  | AALST        | 03.09.2010 |
|             | 2.000M                | 5.46.7 HT  | VAN THIENEN JAN  | LEBBEKE      | 05.07.1996 |
|             | 3.000M                | 8.50.4 HT  | ROTTIERS LUCIEN  | WESPELAAR    | 01.06.1990 |
|             | 5.000M                | 15.09.39   | DE BELDER JAN  | ROSENDAAAL   | 06.07.1996 |
|             | 10.000M               | 31.21.94   | DE BELDER JAN  | LEBBEKE      | 20.09.1996 |
|             | 10KM OP DE WEG        | 34.03      | ANNAERT BJORN  | LOKEREN      | 10.10.2021 |
|             | 20.000M               | 1u09.47    | VAN RENSBERGEN WALTER  | KESSEL-LO    | 05.10.1985 |
|             | 30.000M               | 1u46.38    | VAN RENSBERGEN WALTER  | LEBBEKE      | 12.10.1988 |
|             | UURLOOP               | 17,714 km  | VAN THIENEN JAN  | GREMBERGEN   | 14.09.1995 |
|             | MARATHON              | 2u28.03    | DE NEEF ALFONS KORTRIJK  | BRUGGE       | 07.07.1996 |
|             | 100KM                 | 7u31.14    | MOYSON RENAAT  | TORHOUT      | 17.06.2006 |
|             | 110MH (1,000m)        |            |  |              |            |
|             | 400MH (0,914m)        | 64.25      | VIERENDEELS JAN  | BRUSSEL      | 20.07.2013 |
|             | 2.000M STEEPLE (91cm) |            |  |              |            |
|             | 3.000M STEEPLE (91cm) | 11.46.7    | DE RIDDER BENONI   | LEBBEKE      | 10.08.1977 |
|             | HOOG                  | 1m75       | VAN CAUTER THEO  | LEBBEKE      | 05.07.1978 |
|             | POLSTOK               |            |  |              |            |
|             | VER                   | 5m22       | VERMEIR NORBERT  | LEBBEKE      | 29.05.1994 |
|             | HINKSTAP              |            |  |              |            |
|             | KOGEL (7,260kg)       | 12m38      | MORRET MICHAEL   | LEBBEKE      | 25.07.2009 |
|             | DISCUS (2kg)          | 37m98      | MATTHIJS ANDRE   | LEBBEKE      | 09.05.1981 |
|             | HAMER (7,260kg)       | 32m92      | VAN GUCHT ANTOINE  | ORDEGEM      | 22.08.1996 |
|             | SPEER (800g)          | 48m28      | VAN GUCHT ANTOINE  | AALST        | 18.05.1996 |
|             | VIJFKAMP              | 2.095 ptn. | DE SCHRIJVER MARC  | NINOVE       | 24.09.2005 |
|             | TIENKAMP              |            |  |              |            |
|             | 4 X100M               | 52.90      | VERMEIR NORBERT<br>PHILIPS ANDRE<br>SEYMOENS WILLY<br>DIERICKX GENTIL      | LEBBEKE      | 07.05.1994 |
|             | 4 X 200M              | 1.51.72    | DE RIDDER FREDDY<br>DE SCHRIJVER MARC<br>MAVEAU JOS<br>VERMEIR NORBERT     | AALST        | 21.08.2005 |
|             | 4 X 400M              | 3.56.0 HT  | DIERICKX GENTIL<br>VERMEIR NORBERT<br>SEYMOENS WILLY<br>WILLEMS WILLY      | LEBBEKE      | 29.05.1994 |
|             | 4 X 800M              | 8.45.45    | VAN THIENEN JAN<br>DIERICKX GENTIL<br>DE BELDER JAN<br>VANDENVOORDE THEO   | LEBBEKE      | 28.08.1996 |
|             | 4 X 1.500M            |            |  |              |            |
|             | 4 X 15KM              | 3u28.42    | PHILIPS ANDRE<br>ROTTIERS LUCIEN<br>VAN RENSBERGEN WALTER<br>MORIAU ROBERT | UTRECHT      | 01.10.1989 |

| MASTERS M40 | INDOORNUMMER   | PRESTATIE | NAAM              | PLAATS   | DATUM      |
|-------------|----------------|-----------|-------------------|----------|------------|
|             | 60M            | 7.90      | VIERENDEELS JAN   | GENT     | 10.03.2012 |
|             | 200M           | 24.70     | VIERENDEELS JAN   | GENT     | 09.03.2013 |
|             | 300M           | 38.04     | VIERENDEELS JAN   | GENT     | 23.02.2013 |
|             | 400M           | 53.32     | VIERENDEELS JAN   | GENT     | 09.03.2013 |
|             | 800M           | 2.06.20   | VIERENDEELS JAN   | EAUBONNE | 01.02.2013 |
|             | 1.000M         | 2.53.61   | DE SCHRIJVER MARC | GENT     | 19.03.2006 |
|             | 1.500M         | 4.44.63   | VIERENDEELS JAN   | GENT     | 22.12.2012 |
|             | 3.000M         | 11.24.62  | DE SCHRIJVER MARC | GENT     | 12.03.2006 |
|             | 60MH           |           |                   |          |            |
|             | HOOG           | 1m45      | DE SCHRIJVER MARC | HOBOKEN  | 08.01.2006 |
|             | POLSSTOK       |           |                   |          |            |
|             | VER            | 5m12      | DE SCHRIJVER MARC | GENT     | 17.12.2005 |
|             | HINKSTAP       | 9m86      | DE SCHRIJVER MARC | HOBOKEN  | 11.12.2005 |
|             | KOGEL(7,260kg) | 11m76     | MORRET MICHAEL    | GENT     | 13.03.2010 |
|             | VIJFKAMP       |           |                   |          |            |
|             | 4 X 200M       |           |                   |          |            |

| MASTERS M45 | OUTDOORNUMMER         | PRESTATIE    | NAAM   | PLAATS         | DATUM             |
|-------------|-----------------------|--------------|--|----------------|-------------------|
|             | 100M                  | 12.51        | VIERENDEELS JAN  | NINOVE         | 24.06.2014        |
|             | 200M                  | 24.57        | VIERENDEELS JAN  | NINOVE         | 27.09.2014        |
|             | 300M                  | 38.82        | VIERENDEELS JAN  | NINOVE         | 24.06.2014        |
|             | 400M                  | 54.41        | VIERENDEELS JAN  | LYON           | 12.08.2015        |
|             | 800M                  | 2.04.10      | CLERBOUT LUC   | DUFFEL         | 27.05.2000        |
|             | 1.000M                | 2.49.47      | CLERBOUT LUC   | DILBEEK        | 23.07.2001        |
|             | 1.500M                | 4.19.69      | CLERBOUT LUC   | AALST          | 29.04.2000        |
|             | 1MIJL                 | 4.57.1 HT    | VAN DAMME JOZEF  | LEBBEKE        | 07.09.1988        |
|             | 2MIJL                 |              |  |                |                   |
|             | 2.000M                | 6.46.97      | VIERENDEELS JAN  | LEBBEKE        | 28.06.2014        |
|             | 3.000M                | 9.26.90      | CLERBOUT LUC   | LEBBEKE        | 10.05.2000        |
|             | 5.000M                | 15.46.2 HT   | GOOSSENS EDWARD  | ?              | ??.??.1971        |
|             | 10.000M               | 33.40.3 HT   | VAN DAMME JOZEF  | NIJVEL         | 25.09.1988        |
|             | 10KM OP DE WEG        | 37.49        | NJEMA IMED   | LOKEREN        | 11.10.2020        |
|             | 20.000M               | 1u11.47      | VAN RENSBERGEN WALTER  | LEBBEKE        | 12.10.1988        |
|             | 30.000M               | 1u46.38      | VAN RENSBERGEN WALTER  | LEBBEKE        | 12.10.1988        |
|             | UURLOOP               | 17,230 km    | VAN THIENEN JAN  | WESPELAAR      | 04.10.2002        |
|             | HALVE MARATHON        | 1u33.24      | NJEMA IMED   | BUGGENHOUT     | 26.09.2021        |
|             | MARATHON              | 2u48.35      | MOYSON RENAAT  | SCHAARBEEK     | 20.10.2007        |
|             | 110MH (0,990m)        | 22.27        | VIERENDEELS JAN  | KESSEL-LO      | 23.09.2017        |
|             | 200MH (0,762m)        | 32.75        | VIERENDEELS JAN  | BORNEM         | 05.08.2016        |
|             | 400MH (0,914m)        | 68.35        | VIERENDEELS JAN  | NINOVE         | 06.07.2016        |
|             | 2.000M STEEPLE (91cm) |              |  |                |                   |
|             | 3.000M STEEPLE (91cm) |              |  |                |                   |
|             | HOOG                  | 1m55         | VAN CAUTER THEO  | VLIERZELE      | 21.05.1983        |
|             | POLSTOK               |              |  |                |                   |
|             | VER                   | 4m94         | VERMEIR NORBERT  | LEBBEKE        | 08.06.1997        |
|             | HINKSTAP              |              |  |                |                   |
|             | KOGEL (7,260kg)       | 12m50        | BAERT CARL   | LEBBEKE        | 29.05.1994        |
|             | DISCUS (2kg)          | 34m54        | MATTHYS ANDRE  | BRASSCHAAT     | 25.05.1985        |
|             | HAMER (7,260kg)       |              |  |                |                   |
|             | <b>SPEER (800g)</b>   | <b>43m85</b> | <b>DE COSTER Andy</b>  | <b>LEBBEKE</b> | <b>28.05.2022</b> |
|             | VIJFKAMP              | 1.316 ptn.   | VERMEIR NORBERT  | OORDEGEM       | 29.09.2001        |
|             | TIENKAMP              |              |  |                |                   |
|             | 4 X100M               |              |  |                |                   |
|             | 4 X 200M              |              |  |                |                   |
|             | 4 X 400M              | 3.59.74      | DE REUSE FRANS<br>VAN THIENEN JAN<br>GOOSSENS VICTOR<br>CLERBOUT LUC | VILVOORDE      | 10.06.2001        |
|             | 4 X 800M              |              |  |                |                   |
|             | 4 X 1.500M            |              |  |                |                   |
|             | 4 X 15KM              |              |  |                |                   |

Bel Rec



| MASTERS M45   | INDOORNUMMER    | PRESTATIE | NAAM             | PLAATS  | DATUM      |
|---|-----------------|-----------|------------------|---------|------------|
| Bel Rec  | 60M             | 7.98      | VIERENDEELS JAN  | GENT    | 10.01.2015 |
|   | 200M            | 24.45     | VIERENDEELS JAN  | GENT    | 06.02.2015 |
|   | 300M            | 38.00     | VIERENDEELS JAN  | GENT    | 14.02.2015 |
|   | 400M            | 53.91     | VIERENDEELS JAN  | GENT    | 08.03.2014 |
|   | 800M            |           |                  |         |            |
|   | 1.000M          |           |                  |         |            |
|   | 1.500M          |           |                  |         |            |
|   | 1MIJL           |           |                  |         |            |
|   | 3.000M          |           |                  |         |            |
|   | 60MH            |           |                  |         |            |
|   | HOOG            | 1m40      | DE RIDDER FREDDY | HOBOKEN | 30.11.2002 |
|   | POLSSTOK        |           |                  |         |            |
|   | VER             | 4m82      | VIERENDEELS JAN  | GENT    | 08.01.2017 |
|   | HINKSTAP        |           |                  |         |            |
|   | KOGEL (7,260kg) | 12m07     | BAERT CARL       | GENT    | 26.12.1994 |
|   | VIJFKAMP        |           |                  |         |            |
|   | 4 X 200M        |           |                  |         |            |

| MASTERS M50 | OUTDOORNUMMER   | PRESTATIE  | NAAM   | PLAATS        | DATUM      |
|-------------|-----------------|------------|--|---------------|------------|
|             | 100M            | 13.27      | DE RIDDER FREDDY   | NAIMETTE      | 10.09.2005 |
|             | 200M            | 27.90      | DE RIDDER FREDDY   | ANDERLECHT    | 30.10.2005 |
|             | 300M            | 44.10      | SMET JOHAN   | NINOVE        | 28.08.2019 |
|             | 400M            | 61.28      | SMET JOHAN   | NINOVE        | 21.06.2019 |
|             | 800M            | 2.18.46    | VAN THIENEN JAN  | LEBBEKE       | 06.08.2006 |
|             | 1.000M          | 2.57.56    | VAN THIENEN JAN  | LEBBEKE       | 07.09.2007 |
|             | 1.500M          | 4.29.35    | KLUSKENS JOHN  | LEBBEKE       | 05.09.2020 |
|             | 1MIJL           | 5.10.04    | VAN THIENEN JAN  | EDEGEM        | 10.08.2007 |
|             | 2MIJL           |            |  |               |            |
|             | 2.000M          | 6.26.85    | VAN THIENEN JAN  | BEVEREN       | 24.07.2007 |
|             | 3.000M          | 9.38.9 HT  | MORIAU ROBERT  | NINOVE        | 02.06.1991 |
|             | 5.000M          | 16.57.49   | SEYMOENS WILLY   | AALST         | 12.06.1994 |
|             | 10.000M         | 35.09.08   | VAN THIENEN JAN  | DUFFEL        | 04.07.2007 |
|             | 10KM OP DE WEG  | 39.47      | SMET JOHAN   | LOKEREN       | 10.10.2021 |
|             | 20.000M         |            |  |               |            |
|             | 30.000M         |            |  |               |            |
|             | UURLOOP         | 16,400 km  | VAN THIENEN JAN  | HAMME         | 15.09.2007 |
|             | HALVE MARATHON  | 1u20.29    | VAN THIENEN JAN  | SCHAARBEEK    | 20.10.2007 |
|             | MARATHON        | 2u46.15    | BRUNCLAIR FRANS KORTRIJK   | BRUGGE        | 04.07.2004 |
|             | 100MH (0,914m)  | 20.64      | DE RIDDER FREDDY   | HERENTALS     | 27.09.2008 |
|             | 200MH (0,762m)  | 36.00      | DE RIDDER FREDDY   | MERKSEM       | 14.10.2007 |
|             | 400MH (0,840m)  | 77.76      | DE RIDDER FREDDY   | SINT- NIKLAAS | 03.06.2007 |
|             | 400MH (0,914m)  | 78.68      | DE RIDDER FREDDY   | HERENTALS     | 15.07.2006 |
|             | 2.000M STEEPLE  |            |  |               |            |
|             | 3.000M STEEPLE  |            |  |               |            |
|             | HOOG            | 1m40       | DE RIDDER FREDDY   | HASSELT       | 25.09.2005 |
|             | POLSSTOK        |            |  |               |            |
|             | VER             | 4m49       | DE RIDDER FREDDY   | DILBEEK       | 02.08.2008 |
|             | HINKSTAP        | 8m48       | VERMEIR NORBERT  | NIEUWPOORT    | 17.06.2006 |
|             | KOGEL (6kg)     | 13m34      | BAERT CARL   | WERVIK        | 06.09.1997 |
|             | KOGEL (7,260kg) | 11m59      | BAERT CARL   | OUDENAARDE    | 13.06.1999 |
|             | DISCUS (1,5kg)  | 37m29      | VAN GUCHT ANTOINE  | SINT- NIKLAAS | 31.05.2009 |
|             | DISCUS (2kg)    | 31m72      | VAN GUCHT ANTOINE  | BOISCHOT      | 10.06.2007 |
|             | HAMER (6kg)     | 34m59      | VAN GUCHT ANTOINE  | KORTRIJK      | 01.07.2007 |
|             | SPEER (700g)    | 43m09      | VAN GUCHT ANTOINE  | NIJVEL        | 24.05.2008 |
|             | SPEER (800g)    | 37m47      | VAN GUCHT ANTOINE  | LIER          | 16.05.2010 |
|             | VIJFKAMP        | 1.378 ptn. | VERMEIR NORBERT  | DILBEEK       | 02.08.2003 |
|             | TIENKAMP        |            |  |               |            |
|             | 4 X100M         |            |  |               |            |
|             | 4 X 200M        |            |  |               |            |
|             | 4 X 400M        | 4.17.53    | DE REUSE FRANS<br>DE RIDDER FREDDY<br>VERMEIR NORBERT<br>VAN THIENEN JAN | LEBBEKE       | 25.05.2007 |
|             | 4 X 800M        |            |  |               |            |
|             | 4 X 1.500M      |            |  |               |            |
|             | 4 X 15KM        |            |  |               |            |

| MASTERS M50 | INDOORNUMMER    | PRESTATIE  | NAAM             | PLAATS  | DATUM      |
|-------------|-----------------|------------|------------------|---------|------------|
|             | 60M             | 8.44       | DE RIDDER FREDDY | GENT    | 14.01.2007 |
|             | 200M            | 28.92      | DE RIDDER FREDDY | GENT    | 23.12.2006 |
|             | 300M            | 45.52      | DE RIDDER FREDDY | GENT    | 26.12.2006 |
|             | 400M            | 62.31      | DE REUSE FRANS   | GENT    | 11.03.2007 |
|             | 800M            |            |                  |         |            |
|             | 1.000M          | 3.56.33    | DE RIDDER FREDDY | GENT    | 11.02.2007 |
|             | 1.500M          |            |                  |         |            |
|             | 1MIJL           |            |                  |         |            |
|             | 3.000M          |            |                  |         |            |
|             | 60MH (0,914m)   | 12.16      | DE RIDDER FREDDY | GENT    | 11.03.2007 |
|             | 60MH (0,991m)   | 13.48      | DE RIDDER FREDDY | GENT    | 11.02.2007 |
|             | HOOG            | 1m40       | DE RIDDER FREDDY | HOBOKEN | 10.12.2006 |
|             | POLSTOK         |            |                  |         |            |
|             | VER             | 4m37       | DE RIDDER FREDDY | GENT    | 26.12.2008 |
|             | HINKSTAP        |            |                  |         |            |
|             | KOGEL (6kg)     | 12m42      | BAERT CARL       | ALKEN   | 14.03.1998 |
|             | KOGEL (7,260kg) | 10m85      | MORRET MICHAEL   | GENT    | 11.01.2020 |
|             | VIJFKAMP        | 1.414 ptn. | DE RIDDER FREDDY | HOBOKEN | 25.02.2007 |
|             | 4 X 200M        |            |                  |         |            |

| MASTERS M55 | OUTDOORNUMMER                              | PRESTATIE    | NAAM  | PLAATS         | DATUM             |
|-------------|--|--------------|---|----------------|-------------------|
|             | 100M                                       | 13.3 HT      | LOS CONSTANT  | LEBBEKE        | 05.08.1981        |
|             | 100M                                       | 13.54        | DE RIDDER FREDDY  | KESSEL-LO      | 26.06.2011        |
|             | 200M                                       | 28.5 HT      | LOS CONSTANT  | LEBBEKE        | 12.08.1981        |
|             | 200M                                       | 28.73        | DE RIDDER FREDDY  | LEBBEKE        | 18.05.2011        |
|             | 300M                                       | 45.04        | DE RIDDER FREDDY  | GENT           | 18.09.2011        |
|             | 400M                                       | 65.00        | DE RIDDER FREDDY  | OORDEGEM       | 02.08.2011        |
|             | 600M                                       | 1.54.89      | VAN NUFFEL ALBERT   | LEBBEKE        | 27.04.2019        |
|             | 800M                                       | 2.26.93      | BEQUE JOZEF   | LEBBEKE        | 27.08.2011        |
|             | 1.000M                                     | 3.12.25      | BEQUE JOZEF   | NINOVE         | 27.06.2013        |
|             | 1.500M                                     | 4.57.92      | BEQUE JOZEF   | LEBBEKE        | 17.09.2011        |
|             | 1MIJL                                      | 5.32.07      | BEQUE JOZEF   | VILVOORDE      | 22.06.2013        |
|             | 2MIJL                                      | 12.25.26     | VAN NUFFEL ALBERT   | BEVEREN        | 24.07.2018        |
|             | 2.000M                                     | 7.10.72      | BEQUE JOZEF   | LEBBEKE        | 17.05.2013        |
|             | 3.000M                                     | 10.21.89     | BEQUE JOZEF   | LEBBEKE        | 18.05.2011        |
|             | 5.000M                                     | 17.31.0      | GOOSSENS EDWARD   | LANDEN         | 08.05.1982        |
|             | 10.000M                                    | 38.32.92     | VAN THIENEN JAN   | HERENTALS      | 10.09.2010        |
|             | <b>10KM OP DE WEG</b>                      | <b>41.56</b> | <b>SUYS SIGURD</b>  | <b>LOKEREN</b> | <b>06.08.2022</b> |
|             | UURLOOP                                    | 15,102 km    | VAN THIENEN JAN   | HERENTALS      | 10.09.2010        |
|             | HALVE MARATHON                             | 1u30.53      | BEQUE JOZEF   | OUDENAARDE     | 13.08.2011        |
|             | MARATHON                                   | 3u11.25      | BEQUE JOZEF   | WENEN          | 17.04.2011        |
|             | 100MH(0,914m)                              | 19.92        | DE RIDDER FREDDY  | VILVOORDE      | 22.09.2012        |
|             | 200MH(0,762m)                              | 35.63        | DE RIDDER FREDDY  | KESSEL-LO      | 29.08.2012        |
|             | 400MH (0,840m)                             | 80.91        | DE RIDDER FREDDY  | NINOVE         | 11.06.2011        |
|             | 2.000M STEEPLE                             |              |   |                |                   |
|             | 3.000M STEEPLE                             |              |   |                |                   |
|             | HOOG                                       | 1m35         | DE RIDDER FREDDY  | KESSEL-LO      | 26.06.2011        |
|             | POLSTOK                                    |              |   |                |                   |
|             | VER  | 4m59         | LOS CONSTANT  | SINT-NIKLAAS   | 07.05.1983        |
|             | HINKSTAP                                   | 8m51         | VERMEIR NORBERT   | SINT-NIKLAAS   | 02.06.2007        |
|             | KOGEL (6kg)                                | 12m11        | BAERT CARL  | NINOVE         | 15.09.2002        |
|             | KOGEL 7,260kg)                             | 10m90        | BAERT CARL  | VILVOORDE      | 08.06.2003        |
|             | DISCUS (1,5kg)                             | 37m24        | VAN GUCHT ANTOINE   | BEVEREN        | 10.06.2012        |
|             | DISCUS (2kg)                               | 31m01        | VAN GUCHT ANTOINE   | LANAKEN        | 05.06.2011        |
|             | HAMER (6kg)                                | 32m54        | VAN GUCHT ANTOINE   | EEKLO          | 29.06.2014        |
|             | SPEER (700g)                               | 41m70        | VAN GUCHT ANTOINE   | NINOVE         | 12.06.2011        |
|             | SPEER (800g)                               | 38m39        | VAN GUCHT ANTOINE   | LANAKEN        | 05.06.2011        |
|             | GEWICHTWERP(11,34kg)                       | 11m45        | VAN GUCHT ANTOINE   | SINT-NIKLAAS   | 22.06.2014        |
|             | WERPVIJFKAMP                               | 3.081 ptn.   | VAN GUCHT ANTOINE   | SINT-NIKLAAS   | 22.06.2014        |
|             | VIJFKAMP                                   |              |   |                |                   |
|             | TIENKAMP                                   |              |   |                |                   |
|             | 4 X100M                                    |              |   |                |                   |
|             | 4 X 200M                                   | 2.07.39      | DE RIDDER FREDDY (M55)<br>VERMEIR NORBERT (M60)<br>BRABANT JOS (M60)<br>VAN THIENEN JAN (M55) | OUDENAARDE     | 19.08.2012        |
|             | 4 X 400M                                   | 4.26.20      | DE RIDDER FREDDY<br>VERMEIR NORBERT<br>BEQUE JOZEF<br>VAN THIENEN JAN                         | ERTVELDE       | 21.08.2011        |
|             | MIX MEDLEY RELAY<br>100m, 200m, 300m, 400m | 3.07.75      | DUVIVIER ELS<br>SCHELKENS CHRIS<br>SCHOLLIERS HILDE<br>VAN NUFFEL ALBERT                      | LEBBEKE        | 18.08.2018        |

| MASTERS M55 | INDOORNUMMER        | PRESTATIE  | NAAM              | PLAATS  | DATUM      |
|-------------|---------------------|------------|-------------------|---------|------------|
|             | 60M                 | 8.76       | DE RIDDER FREDDY  | HOBOKEN | 23.01.2011 |
|             | 200M                | 29.85      | DE RIDDER FREDDY  | GENT    | 15.01.2012 |
|             | 300M                | 47.26      | DE RIDDER FREDDY  | GENT    | 27.02.2011 |
|             | 400M                | 67.94      | VERMEIR NORBERT   | GENT    | 11.03.2007 |
|             | 800M                | 2.34.84    | VAN NUFFEL ALBERT | GENT    | 06.01.2019 |
|             | 1.000M              | 3.19.65    | VAN NUFFEL ALBERT | GENT    | 29.12.2018 |
|             | 1.500M              | 5.03.43    | BEQUE JOZEF       | GENT    | 08.03.2014 |
|             | MIJL                | 6.04.16    | VAN NUFFEL ALBERT | GENT    | 26.12.2017 |
|             | 60MH (0,914m)       | 12.00      | DE RIDDER FREDDY  | GENT    | 10.03.2012 |
|             | HOOG                | 1m35       | DE RIDDER FREDDY  | GENT    | 19.03.2011 |
|             | VER                 | 4m39       | DE RIDDER FREDDY  | GENT    | 16.03.2011 |
|             | KOGEL (6kg)         | 11m70      | VAN GUCHT ANTOINE | GENT    | 10.03.2012 |
|             | VIJFKAMP (WMA norm) | 2.344 ptn. | DE RIDDER FREDDY  | GENT    | 16.03.2011 |



| MASTERS M60 | OUTDOORNUMMER        | PRESTATIE  | NAAM              | PLAATS       | DATUM      |
|-------------|----------------------|------------|-------------------|--------------|------------|
|             | 100M                 | 14.37      | VERMEIR NORBERT   | LEBBEKE      | 09.05.2012 |
|             | 200M                 | 29.23      | VERMEIR NORBERT   | ZELE         | 20.05.2012 |
|             | 300M                 | 46.19      | VERMEIR NORBERT   | SCHAERBEEK   | 14.04.2012 |
|             | 400M                 | 71.17      | BEQUE JOZEF       | SINT-NIKLAAS | 16.06.2019 |
|             | 200MH(0,762m)        | 40.77      | VERMEIR NORBERT   | MECHELEN     | 28.05.2012 |
|             | 300MH(0,762m)        | 55.72      | VERMEIR NORBERT   | BEVEREN      | 10.06.2012 |
|             | 600M                 | 2.11.96    | VANBUGGENHOUT LUC | MERKSEM      | 29.09.2019 |
|             | 800M                 | 2.34.89    | BEQUE JOZEF       | DEINZE       | 13.06.2015 |
|             | 1.000M               | 3.16.97    | BEQUE JOZEF       | NINOVE       | 23.06.2015 |
|             | 1.500M               | 5.23.48    | BEQUE JOZEF       | NINOVE       | 18.06.2017 |
|             | 1 MIJL               | 6.12.47    | VANBUGGENHOUT LUC | NINOVE       | 21.06.2019 |
|             | 2.000M               | 8.01.02    | VANBUGGENHOUT LUC | LONDERZEEL   | 26.09.2020 |
|             | 3.000M               | 11.06.6 HT | GOOSSENS EDWARD   | LEBBEKE      | 05.06.1988 |
|             | 5.000M               | 19.32.12   | BEQUE JOZEF       | LEBBEKE      | 27.06.2015 |
|             | HALVE MARATHON       | 1u27.35    | BEQUE JOZEF       | NAZARETH     | 26.10.2014 |
|             | MARATHON             | 3u21.07    | BEQUE JOZEF       | VALENCIA     | 16.11.2014 |
|             | HOOG                 | 1m30       | DE RIDDER FREDDY  | HEUSDEN      | 26.09.2015 |
|             | VER                  | 4m10       | VERMEIR NORBERT   | DEINZE       | 30.06.2012 |
|             | KOGEL(5kg)           | 12m38      | BAERT CARL        | TIENEN       | 22.09.2007 |
|             | KOGEL(7,260kg)       | 5m70       | VANBUGGENHOUT LUC | LEBBEKE      | 18.08.2019 |
|             | SPEER(600gr)         | 39m10      | VAN GUCHT ANTOINE | DEINZE       | 12.06.2016 |
|             | DISCUS(1kg)          | 35m97      | VAN GUCHT ANTOINE | NINOVE       | 17.06.2017 |
|             | HAMER (5kg)          | 34m95      | VAN GUCHT ANTOINE | SINT-NIKLAAS | 19.06.2016 |
|             | GEWICHTWERP(9,080kg) | 12m99      | VAN GUCHT ANTOINE | SINT-NIKLAAS | 19.06.2016 |
|             | VIJFKAMP (IAAF norm) | 1.234 ptn. | VERMEIR NORBERT   | DEINZE       | 30.06.2012 |
|             | VIJFKAMP (WMA norm)  | 2.414 ptn. | VERMEIR NORBERT   | DILBEEK      | 04.08.2012 |
|             | WERPVIJFKAMP         | 3.316 ptn. | VAN GUCHT ANTOINE | SINT-NIKLAAS | 19.06.2016 |

| MASTERS M60 | INDOORNUMMER | PRESTATIE | NAAM              | PLAATS | DATUM      |
|-------------|--------------|-----------|-------------------|--------|------------|
|             | 60M          | 8.96      | VERMEIR NORBERT   | GENT   | 10.03.2012 |
|             | 60MH(0,840m) | 12.31     | VERMEIR NORBERT   | GENT   | 10.03.2012 |
|             | 200M         | 29.30     | VERMEIR NORBERT   | GENT   | 07.01.2012 |
|             | 300M         | 47.51     | VERMEIR NORBERT   | GENT   | 11.02.2012 |
|             | 400M         | 69.66     | BEQUE JOZEF       | GENT   | 11.03.2017 |
|             | 800M         | 2.35.17   | BEQUE JOZEF       | GENT   | 14.03.2015 |
|             | 1.000M       | 3.33.00   | VERMEIR NORBERT   | GENT   | 11.02.2012 |
|             | 1.500M       | 5.18.08   | BEQUE JOZEF       | GENT   | 14.03.2015 |
|             | HOOG         | 1m20      | DE RIDDER FREDDY  | GENT   | 11.03.2017 |
|             | KOGEL (5kg)  | 11m96     | VAN GUCHT ANTOINE | GENT   | 10.03.2018 |

| MASTERS M65 | OUTDOORNUMMER        | PRESTATIE      | NAAM                     | PLAATS        | DATUM             |
|-------------|----------------------|----------------|--------------------------|---------------|-------------------|
|             | 100M                 | 15.24          | VERMEIR NORBERT          | LEBBEKE       | 18.08.2019        |
|             | 150M                 | 22.88          | VERMEIR NORBERT          | BURCHT        | 13.07.2019        |
|             | 200M                 | 30.85          | VERMEIR NORBERT          | BRUGGE        | 17.08.2019        |
|             | 300M                 | 49.65          | VERMEIR NORBERT          | NINOVE        | 28.08.2019        |
|             | 400M                 | 72.49          | VERMEIR NORBERT          | NINOVE        | 19.09.2020        |
|             | 600M                 | 2.06.86        | VERMEIR NORBERT          | LEBBEKE       | 27.04.2019        |
|             | <b>800M</b>          | <b>2.54.38</b> | <b>BEQUE JOZEF</b>       | <b>BRUGGE</b> | <b>12.06.2022</b> |
|             | 1.500M               | 5.42.68        | VERMEIR NORBERT          | ORDEGEM       | 21.07.2018        |
|             | 200MH (0,762m)       | 60.08          | VERMEIR NORBERT          | HASSELT       | 12.05.2019        |
|             | HALVE MARATHON       | 1u45.17        | BEQUE JOZEF              | BUGGENHOUT    | 26.09.2021        |
|             | MARATHON             | 3u40.46        | BEQUE JOZEF              | EINDHOVEN     | 13.10.2019        |
|             | VER                  | 3m76           | VERMEIR NORBERT          | ORDEGEM       | 21.07.2018        |
|             | HINKSTAP             | 7m25           | VERMEIR NORBERT          | SINT-NIKLAAS  | 16.06.2019        |
|             | <b>KOGEL (5kg)</b>   | <b>10m89</b>   | <b>VAN GUCHT ANTOINE</b> | <b>BRUGGE</b> | <b>17.09.2022</b> |
|             | <b>DISCUS (1kg)</b>  | <b>32m83</b>   | <b>VAN GUCHT ANTOINE</b> | <b>BRUGGE</b> | <b>17.09.2022</b> |
|             | DISCUS (1,5kg)       | 15m12          | VERMEIR NORBERT          | ORDEGEM       | 21.07.2018        |
|             | SPEER (600gr)        | 19m73          | VERMEIR NORBERT          | DILBEEK       | 27.07.2019        |
|             | SPEER (700gr)        | 16m04          | VERMEIR NORBERT          | ORDEGEM       | 21.07.2018        |
|             | SPEER (800gr)        | 22m67          | VERMEIR NORBERT          | LEBBEKE       | 20.08.2017        |
|             | VIJFKAMP (IAAF norm) | 1.157 ptn.     | VERMEIR NORBERT          | ORDEGEM       | 21.07.2018        |
|             | VIJFKAMP (WMA norm)  | 2.222 ptn.     | VERMEIR NORBERT          | BRUGGE        | 17.08.2019        |

| MASTERS M65 | INDOORNUMMER       | PRESTATIE    | NAAM                     | PLAATS                  | DATUM             |
|-------------|--------------------|--------------|--------------------------|-------------------------|-------------------|
|             | 60M                | 9.12         | VERMEIR NORBERT          | GENT                    | 14.01.2017        |
|             | 200M               | 30.05        | VERMEIR NORBERT          | GENT                    | 11.03.2017        |
|             | 300M               | 48.76        | VERMEIR NORBERT          | GENT                    | 25.02.2017        |
|             | 400M               | 68.98        | VERMEIR NORBERT          | GENT                    | 11.03.2017        |
|             | 800M               | 2.57.27      | VERMEIR NORBERT          | GENT                    | 12.01.2019        |
|             | HINKSTAP           | 7m64         | VERMEIR NORBERT          | GENT                    | 08.03.2020        |
|             | <b>KOGEL (5kg)</b> | <b>10m56</b> | <b>VAN GUCHT ANTOINE</b> | <b>LOUVAIN-LA-NEUVE</b> | <b>06.02.2022</b> |

| MASTERS M70 | OUTDOORNUMMER | PRESTATIE    | NAAM                   | PLAATS         | DATUM             |
|-------------|---------------|--------------|------------------------|----------------|-------------------|
|             | <b>100M</b>   | <b>17.02</b> | <b>VERMEIR NORBERT</b> | <b>BRUGGE</b>  | <b>12.06.2022</b> |
|             | <b>200M</b>   | <b>34.82</b> | <b>VERMEIR NORBERT</b> | <b>LEBBEKE</b> | <b>21.08.2022</b> |
|             | <b>400M</b>   | <b>81.65</b> | <b>VERMEIR NORBERT</b> | <b>BRUGGE</b>  | <b>11.06.2022</b> |