

VERBETERDE CLUBRECORDS SEIZOEN 2022 - 2023 indoor & outdoor
INDOOR

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|----|-----|------------------------------|----------------|---------|---|-------------------------------------|-------------------------------|-------------|
| 1 | Pup | 2012 | 150m | 23"35 | DE BACKER | Quinn | Gent (KAAG-open jeugdmeeting) | 30 dec 2022 |
| 2 | Pup | 2012 | 60H | 11"34 | DE BACKER | Quinn | Gent (VITA-Jeugdmeeting) | 28 jan 2023 |
| 3 | Pup | 2012 | 1.000m | 3:16"84 | VAN DEN ABEELE | Lenn | Gent (VITA-Jeugdmeeting) | 28 jan 2023 |
| 4 | Pup | 2012 | Hoog | 1m15 | DE BACKER | Quinn | Hoboken (Superkrack 2) | 04 dec 2022 |
| 5 | Pup | 2012 | Ver | 4m23 | DE BACKER | Quinn | Gent (VITA-Jeugdmeeting) | 28 jan 2023 |
| 6 | Min | 2010 | 60H (68cm) | 11"19 | CAMPO | Roxanne | Gent | 05 feb 2023 |
| 7 | Sch | 2007 | 60H | 9"22 | LOOVERIE | Zina | Gent (EA-Aalsterse indoorm.) | 11 feb 2023 |
| 8 | Sch | 2007 | Hoog | 1m75 | CLAEYS | Jonas | Gent (KvV cad/schol) | 22 jan 2023 |
| 9 | Sch | 2007 | Hoog | 1m70 | CLAEYS | Jonas | Gent (VITA-Eindejaarsmeeting) | 17 dec 2022 |
| 10 | Jun | 2005 | 60m | 7"08 | TEMMERMAN | Tibe | Gent (BK Jun/Bel.) | 05 mrt 2023 |
| 11 | Jun | 2004 | 60m | 7"09 | CAUDRON | Meindert | Gent (RCG-Kerstmeeting) | 26 dec 2022 |
| 12 | Jun | 2004 | 60m | 7"09 | CAUDRON | Meindert | Gent (PK indoor) | 08 jan 2023 |
| 13 | Jun | 2004 | 60m | 7"12 | CAUDRON | Meindert | Gent (VITA-Eindejaarsmeeting) | 17 dec 2022 |
| 14 | Jun | 2004 | 200m | 21"85 | CAUDRON | Meindert | Gent (BK Jun/Bel.) | 05 mrt 2023 |
| 15 | Jun | 2004 | 200m | 21"97 | CAUDRON | Meindert | Gent (PK indoor) | 08 jan 2023 |
| 16 | Jun | 2004 | 200m | 22"15 | CAUDRON | Meindert | Gent (RCG-Kerstmeeting) | 26 dec 2022 |
| 17 | Jun | 2004 | 200m | 22"22 | CAUDRON | Meindert | Gent (VITA-Eindejaarsmeeting) | 17 dec 2022 |
| 18 | Jun | 2004 | 400m | 50"63 | CAUDRON | Meindert | Gent (EA-Aalsterse indoorm.) | 11 feb 2023 |
| 19 | Jun | 2004 | 800m | 2:08"89 | KLUSKENS | Elena | Gent (IFAM meeting) | 04 feb 2023 |
| 20 | Sen | 2003 | 200m | 47"42 | VAN DEN ABEELE | Lotte -21 | Gent (BK AMH) | 18 dec 2022 |
| 21 | Sen | 2003 | 800m | 3:30"17 | VAN DEN BERGH | Svea -21 | Gent (BK AMH) | 18 dec 2022 |
| 22 | Sen | 2003 | Kogel (7,26kg) | 9m08 | DE COSTER | Yenzo -21 | Gent (BK AMH) | 18 dec 2022 |
| 23 | Sen | 2002 | 200m | 24"79 | HEYVAERT | Luca | Gent (PK indoor) | 08 jan 2023 |
| 24 | Sen | 1997 | Kogel (4kg) | 9m34 | VANDEN NEST | Vicky | Gent (VITA eindejaarsmeeting) | 17 dec 2022 |
| 25 | Sen | 1997 | Ver | 3m68 | VANDEPERRE | Niels -21 | Gent (BK AMH) | 18 dec 2022 |
| 26 | M35 | 1984 | 60m | 7"07 | VAN INGELGEM | Thomas | Gent (BK indoor masters) | 25 feb 2023 |
| 27 | M35 | 1984 | 60m | 7"08 | VAN INGELGEM | Thomas | Gent (EA-Aalsterse indoorm.) | 11 feb 2023 |
| 28 | M35 | 1984 | 60m | 7"08 | VAN INGELGEM | Thomas | Gent (BK indoor AC) | 19 feb 2023 |
| 29 | M35 | 1984 | 60m | 7"13 | VAN INGELGEM | Thomas | Gent (KvV alle categ.) | 29 jan 2023 |
| 30 | M35 | 1984 | 60m | 7"16 | VAN INGELGEM | Thomas | Gent (PK indoor) | 08 jan 2023 |
| 31 | M35 | 1984 | 200m | 22"31 | VAN INGELGEM | Thomas | Gent (BK indoor masters) | 25 feb 2023 |
| 32 | M35 | 1984 | 200m | 22"65 | VAN INGELGEM | Thomas | Gent (BK indoor AC) | 19 feb 2023 |
| 33 | M35 | 1984 | 200m | 22"81 | VAN INGELGEM | Thomas | Gent (VS indoor) | 14 jan 2023 |
| 34 | W35 | 1983 | 200m | 30"47 | VANBUGGENHOUT | Marijke | Gent (PK indoor) | 08 jan 2023 |
| 35 | W35 | 1983 | 200m | 30"96 | VANBUGGENHOUT | Marijke | Gent (VITA-Eindejaarsmeeting) | 17 dec 2022 |
| 36 | W35 | 1983 | 400m | 68"37 | VANBUGGENHOUT | Marijke | Gent (BK indoor masters) | 25 feb 2023 |
| 37 | W35 | 1983 | Ver | 4m06 | VANBUGGENHOUT | Marijke | Gent (BK indoor masters) | 25 feb 2023 |
| 38 | W40 | 1978 | 60m | 10"14 | VAN DER CLEYEN | Leen | Gent (BK indoor masters) | 25 feb 2023 |
| 39 | W40 | 1978 | 200m | 36"11 | VAN DER CLEYEN | Leen | Gent (BK indoor masters) | 25 feb 2023 |
| 40 | AC | 2004 1984 2005 2005 | 4x200m | 1:29"79 | CAUDRON VAN INGELGEM TEMMERMAN TORCK | Meindert Thomas Tibe Jarno | Gent (IFAM / BK 4x200m) | 04 feb 2023 |
| 41 | | | | | | | | |

OUTDOOR

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|----|-----|--------------|----------------|----------------|----------------------|------------------|-----------------------------------|----------------|
| 1 | Pup | 2013 | Vortex | 25m85 | STOCKBROECKX | Lisa | St.Niklaas | 01 okt 2023 |
| 2 | Pup | 2012 | 60H (68cm) | 10"51 | DE BACKER | Quinn | Nijvel (Nat.crit. B/P/M) | 30 sep 2023 |
| 3 | Pup | 2012 | 60H (68cm) | 10"66 | DE BACKER | Quinn | Nijvel (Nat.crit. B/P/M) | 30 sep 2023 |
| 4 | Pup | 2012 | 60H (68cm) | 11"07 | DE BACKER | Quinn | Oordegem (BvV finale) | 23 sep 2023 |
| 5 | Pup | 2012 | 60H (68cm) | 11"08 | STROOBANTS | Sam | Oordegem | 23 sep 2023 |
| 6 | Pup | 2012 | Vortex | 46m11 | DE BACKER | Quinn | St.Niklaas (31ste Belsimeeting) | 01 okt 2023 |
| 7 | Pup | 2012 | Vortex | 45m82 | DE BACKER | Quinn | Zele (jeugdmeeting) | 10 sep 2023 |
| 8 | Pup | 2012 | Hoog | 1m40 | STROOBANTS | Sam | Lebbeke (Terug naar school) | 02 sep 2023 |
| 9 | Min | 2011 | Speer | 32m88 | DE COSTER | Fien | Maldegem (jeugdmeerkamp) | 17 jun 2023 |
| 10 | Min | 2010 | 60H (68cm) | 10"54 | CAMPO | Roxanne | Oordegem | 23 sep 2023 |
| 11 | Min | 2010 | 150H (68cm) | 23"69 | CAMPO | Roxanne | Nijvel (Nat.crit. B/P/M) | 30 sep 2023 |
| 12 | Min | 2010 | Ver (AMH) | 3m69 | MEULEMANS | Lander -21 | Lier (BK 5.000m AMH) | 07 okt 2023 |
| 13 | Min | 2010 | Ver (AMH) | 3m31 | MEULEMANS | Lander -21 | Lebbeke (AMH + G meeting) | 19 aug 2023 |
| 14 | Min | 2010 | Discus (750g) | 28m66 | WAUTERS | Ender | Nijvel (Nat.crit. B/P/M) | 30 sep 2023 |
| 15 | Min | 2010 | Vortex (AMH) | 17m34 | MEULEMANS | Lander -21 | Lebbeke (AMH + G meeting) | 19 aug 2023 |
| 16 | Cad | 2008 | 150m | 19"70 | VAN INGELGEM | Bente | Bornem (Mem. Jos Muyshondt) | 30 jun 2023 |
| 17 | Cad | 2008 | 300m | 42"17 | VAN INGELGEM | Bente | Bornem (Mem. Jos Muyshondt) | 30 jun 2023 |
| 18 | Cad | 2008 | Polsstok | 2m20 | CLAEYS | Lore | Ninove (PK dag 2) | 22 apr 2023 |
| 19 | Sch | 2007 | 150m | 19"49 | VERECKEN | Nora | Bornem (Mem. Jos Muyshondt) | 30 jun 2023 |
| 20 | Sch | 2007 | 100H | 14"64 | LOOVERIE | Zina | Heusden-Zolder (KvV Cad/Sch) | 15 aug 2023 |
| 21 | Sch | 2007 | Hoog | 1m66 | VERECKEN | Nora | Beveren (Open PK meerkamp-D1) | 16 sep 2023 |
| 22 | Sch | 2007 | 7-kamp | 4.595 ptn | VERECKEN | Nora | Beveren (Open PK meerkamp) | 16+17 sep 2023 |
| 23 | Sch | 2007 | 7-kamp | 4.550 ptn | VERECKEN | Nora | Herve (BK meerkamp) | 19+20 aug 2023 |
| 24 | Sch | 2007 | 10-kamp | 5.367 ptn | CLAEYS | Jonas | Beveren (Open PK meerkamp) | 16+17 sep 2023 |
| 25 | Sch | 2007 | 10-kamp | 4.956 ptn | CLAEYS | Jonas | Herentals (PK meerkamp) | 27+28 mei 2023 |
| 26 | Sch | 2006 | 600m | 1:29"17 | BLOMMAERT | Laurens | Oudenaarde (mem. R.Hanssens) | 27 aug 2023 |
| 27 | Sch | 2006 | 600m | 1:35"67 | SERKEYN | Brian | Zwijndrecht (GP De Wallen) | 08 jul 2023 |
| 28 | Sch | 2006 | 600m | 1:37"89 | HUYSMAN | Matthijs | Gent (Avondmeeting) | 30 jun 2023 |
| 29 | Sch | 2006 | 2.000m | 5:59"39 | BLOMMAERT | Laurens | Gooik (ACP Heremans meeting) | 20 aug 2023 |
| 30 | Sch | 2006 | 2.000m | 7:26"21 | VAN ROY | Manon | Gooik (ACP Heremans meeting) | 20 aug 2023 |
| 31 | Sch | 2006 | 400H (76cm) | 64"57 | LOOVERIE | Zina | Gentbrugge (BK cad/sch D2) | 03 sep 2023 |
| 32 | Jun | 2005 | 100m | 10"96 | TEMMERMAN | Tibe | Aalst (GP Josse Ringoir) | 06 aug 2023 |
| 33 | Jun | 2005 | 100m | 11"01 | TEMMERMAN | Tibe | Lokeren (FC) | 20 mei 2023 |
| 34 | Jun | 2005 2004 | 100m | 11"07 11"07 | TEMMERMAN CAUDRON | Tibe Meindert | Gent (KvV AC) | 18 mei 2023 |
| 35 | Jun | 2004 | 100m | 11"09 | CAUDRON | Meindert | Gent (KvV AC) | 18 mei 2023 |
| 36 | Jun | 2005 | 200m | 21"91 | TEMMERMAN | Tibe | Brussel (Grand Prix) | 27 aug 2023 |
| 37 | Jun | 2005 | 200m | 21"96 | TEMMERMAN | Tibe | Lede (IFAM) | 27 mei 2023 |
| 38 | Jun | 2004 | 200m | 22"00 | CAUDRON | Meindert | Gent (KvV AC) | 18 mei 2023 |
| 39 | Jun | 2004 | 300m | 40"36 | KLUSKENS | Jana | Gent (Avondmeeting) | 30 jun 2023 |
| 40 | Jun | 2004 | 300m | 35"11 | CAUDRON | Meindert | Kessel-Lo (FC) | 05 aug 2023 |
| 41 | Jun | 2004 | 400m | 47"88 | CAUDRON | Meindert | Jambes (BK Jun/Bel) | 10 sep 2023 |
| 42 | Jun | 2004 | 400m | 48"82 | CAUDRON | Meindert | Lebbeke (open meeting) | 19 aug 2023 |
| 43 | Jun | 2004 | 400m | 55"44 | KLUSKENS | Jana | St.Niklaas (Athl.Classic meeting) | 24 jun 2023 |
| 44 | Jun | 2004 | 600m | 1:35"30 | KLUSKENS | Elena | Gent (Avondmeeting) | 30 jun 2023 |
| 45 | Jun | 2004 | 800m | 2:06"74 | KLUSKENS | Elena | Lede (IFAM) | 27 mei 2023 |
| 46 | Sen | 2003 | 200m (AMH) | 26"69 | DE COSTER | Yenzo -21 | Mechelen (Special Olympics) | 20 mei 2023 |
| 47 | Sen | 2003 | 200m (AMH) | 45"75 | VAN DEN ABEELE | Lotte -21 | Mechelen (Special Olympics) | 20 mei 2023 |
| 48 | Sen | 2003 | 400m (AMH) | 1:46"89 | VAN DEN ABEELE | Lotte -21 | Mechelen (Special Olympics) | 19 mei 2023 |
| 49 | Sen | 2003 | 800m (AMH) | 3:29"59 | VAN DEN BERGH | Svea -21 | Lebbeke (AMH + G meeting) | 19 aug 2023 |
| 50 | Sen | 2003 | Kogel (4kg) | 5m57 | VAN DEN ABEELE | Lotte -21 | Oordegem (Intern. Wheelerw.) | 14 mei 2023 |
| 51 | Sen | 2003 | Kogel (7,26kg) | 9m21 | DE COSTER | Yenzo -21 | Lebbeke (AMH + G meeting) | 19 aug 2023 |
| 52 | Sen | 2003 | Kogel (7,26kg) | 9m19 | DE COSTER | Yenzo -21 | Oordegem (BK AMH) | 03 jun 2023 |
| 53 | Sen | 2003 | Vortex (AMH) | 10m09 | VAN DEN BERGH | Svea -21 | Lebbeke (AMH + G meeting) | 19 aug 2023 |
| 54 | Sen | 2002 | 200m | 24"32 | HEYVAERT | Luca | Oordegem (FC Putbos) | 10 jun 2023 |
| 55 | Sen | 2001 | 400H | 61"92 | VIERENDEELS | Loike | Gent (KvV AC) | 18 mei 2023 |
| 56 | Sen | 2001 | Polsstok | 1m80 | HIEL | Emma | St.Niklaas (BvV Ere Afd.) | 07 mei 2023 |
| 57 | Sen | 1997 | 5-kamp | 2.450 ptn | VANDEN NEST | Vicky | Tessenderlo (Open PK meerkamp) | 02 jul 2023 |
| 58 | Sen | 1996 | 5.000m | 17:16"23 | ROOMS | Valerie | Merksem (FC) | 03 jun 2023 |
| 59 | M35 | 1984 | 100m | 10"93 | VAN INGELGEM | Thomas | St.Niklaas (BK masters - dag 2) | 11 jun 2023 |
| 60 | M35 | 1984 | 100m | 10"94 | VAN INGELGEM | Thomas | Gent (KvV AC) | 18 mei 2023 |
| 61 | M35 | 1984 | 100m | 11"08 | VAN INGELGEM | Thomas | St.Niklaas (BvV Ere Afd.) | 07 mei 2023 |
| 62 | M35 | 1984 | 100m | 11"10 | VAN INGELGEM | Thomas | Lede (BK studenten) | 01 mei 2023 |
| 63 | M35 | 1984 | 150m | 16"69 | VAN INGELGEM | Thomas | Bornem (Mem. Jos Muyshondt) | 30 jun 2023 |

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| 64 | M35 | 1984 | 200m | 22"27 | VAN INGELGEM | Thomas | St.Niklaas (BK masters - dag 2) | 11 jun 2023 |
| 65 | M35 | 1984 | 200m | 22"33 | VAN INGELGEM | Thomas | Lede (IFAM) | 27 mei 2023 |
| 66 | M35 | 1984 | 200m | 22"35 | VAN INGELGEM | Thomas | Lokeren (FC) | 20 mei 2023 |
| 67 | M35 | 1984 | 200m | 22"36 | VAN INGELGEM | Thomas | Gent (KvV AC) | 18 mei 2023 |
| 68 | M35 | 1984 | 400m | 49"78 | VAN INGELGEM | Thomas | Vilvoorde (Gouden 1.500m) | 16 jun 2023 |
| 69 | M35 | 1984 | Marathon | 2u36:36" | DE RIDDER | Tim | Enschede (NED) | 16 apr 2023 |
| 70 | M40 | 1983 | 1/2 Marathon | 1u16:32" | DE WOLF | Pieter | Buggenhout (PK 1/2 marathon) | 24 sep 2023 |
| 71 | M45 | 1977 | 600m | 1:37"15 | VANDEN BERGHE | Pieter | Gent (Avondmeeting) | 30 jun 2023 |
| 72 | M45 | 1977 | 2.000m | 6:37"24 | VANDEN BERGHE | Pieter | Hamme (O-VL crit. + BK politie) | 09 jul 2023 |
| 73 | M45 | 1977 | 10km weg | 37:21" | VANDEN BERGHE | Pieter | Lokeren (BK 10km) | 05 aug 2023 |
| 74 | M45 | 1977 | 1/2 Marathon | 1u22:19" | VANDEN BERGHE | Pieter | Gent (BK 1/2 marathon) | 12 mrt 2023 |
| 75 | M45 | 1976 | Speer | 43m97 | DE COSTER | Andy | Lebbeke (BvV masters) | 04 jun 2023 |
| 76 | M65 | 1956 | Speer | 31m16 | VAN GUCHT | Antoine | St.Niklaas (BK masters - dag 1) | 10 jun 2023 |
| 77 | M70 | 1951 | 150m | 25"71 | VERMEIR | Norbert | Bornem (Mem. Jos Muyshondt) | 30 jun 2023 |
| 78 | M70 | 1951 | 1.000m | 4:32"91 | VERMEIR | Norbert | Londerzeel (PEGA open meeting) | 16 sep 2023 |
| 79 | M70 | 1951 | Ver | 3m25 | VERMEIR | Norbert | St.Niklaas (BK masters - dag 1) | 10 jun 2023 |
| 80 | M70 | 1951 | Hinkstap | 7m16 | VERMEIR | Norbert | St.Niklaas (BK masters - dag 1) | 10 jun 2023 |
| 81 | M70 | 1951 | Discus (1kg) | 17m30 | VERMEIR | Norbert | St.Niklaas (BK masters - dag 2) | 11 jun 2023 |
| 82 | M70 | 1951 | Speer (500g) | 18m49 | VERMEIR | Norbert | Lokeren (Mem. Fr. Van den Branden) | 16 jul 2023 |
| 83 | Pup | 2013 2012 2012 | 3x 600m | 5:50"06 | VAN RANSBEECK ADEM VAN DEN ABEELE | Ferre Simon Lenn | Oordegem (PK estafetten) | 26 aug 2023 |
| 84 | Pup | 2012 2012 2012 | 3x 600m | 5:58"74 | COLPIN STROOBANTS DAUWE | Noé Sam Marie | Oordegem (PK estafetten) | 26 aug 2023 |
| 85 | Jun | 2004 2005 2005 2004 | 4x100m | 48"87 | KLUSKENS HEYVAERT HEYVAERT HUYCK | Elena Ella Nona Timea | Gentbrugge (BK cad/sch D2) | 03 sep 2023 |
| 86 | AC | 2004 2005 1984 2003 | 4x100m | 41"75 | CAUDRON TEMMERMAN VAN INGELGEM VAN DEN BULCKE | Meindert Tibe Thomas Jasper | Oordegem (PK estafetten) | 26 aug 2023 |
| 87 | AC | 2004 2005 1984 2003 | 4x100m | 41"75 | VAN INGELGEM TEMMERMAN CAUDRON VAN DEN BULCKE | Thomas Tibe Meindert Jasper | Eigenbrakel (BK estafetten) | 17 sep 2023 |
| 88 | AC | 1984 2005 2005 2004 | 4x100m | 42"06 | VAN INGELGEM TEMMERMAN TORCK CAUDRON | Thomas Tibe Jarno Meindert | St.Niklaas (BvV Ere Afd.) | 07 mei 2023 |
| 89 | AC | 1988 1997 1999 2003 | 4x100m (AMH) | 58"29 | VERMEIREN VANDEPERRE ROELANTS DE COSTER | Philip -21 Niels -21 Michiel -21 Yenzo -21 | Eigenbrakel (BK estafetten) | 17 sep 2023 |
| 90 | AC | 1999 1997 1988 2003 | 4x100m (AMH) | 61"10 | ROELANTS VANDEPERRE VERMEIREN DE COSTER | Michiel -21 Niels -21 Philip -21 Yenzo -21 | Lebbeke (AMH + G meeting) | 19 aug 2023 |
| 91 | AC | 2005 2002 1999 2007 | 4x200m | 1:39"37 | HEYVAERT HEVAERT DE KINDER VERECKEN | Nona Luca Kiana Nora | Oordegem (PK estafetten) | 26 aug 2023 |
| 92 | AC | 2003 2004 1999 2004 | 4x400m | 3:17"20 | VAN INGELGEM VAN DEN BULCKE LOCKEFEER CAUDRON | Thomas Jasper Quinten Meindert | Eigenbrakel (BK estafetten) | 17 sep 2023 |
| 93 | AC | 2003 2004 1999 2004 | 4x400m MIX | 3:32"64 | VAN DEN BULCKE KLUSKENS LOCKEFEER KLUSKENS | Jasper Elena Quinten Jana | St.Niklaas (BvV Ere Afd.) | 07 mei 2023 |
| 94 | AC | 1988 1997 1999 2003 | 4x400m (AMH) | 4:26"91 | VERMEIREN VANDEPERRE ROELANTS DE COSTER | Philip -21 Niels -21 Michiel -21 Yenzo -21 | Eigenbrakel (BK estafetten) | 17 sep 2023 |
| 95 | MAST | 1983 1988 1984 1984 | 4x1.500m | 18:18"54 | DE WOLF SLACHMUYLDERS VAN DER HASSELT VAN NUFFEL | Pieter Niels Bert Michael | Oordegem (PK estafetten) | 26 aug 2023 |